ACHILLES CLUB ANNUAL REPORT 2012 www.achilles.org











Fixtures 2013

Saturday 16th February - Varsity Field Events & Relays - Lee Valley

23-24th February - BUCS Indoors - Sheffield EIS

Saturday 9th March – CUAC Dinner

13th-23rd March—OUAC Warm Weather Training - Portugal

24th-31st March - CUAC Warm Weather Training- Malta

3rd-19th April - Oxford & Cambridge US Tour

6th April - Oxford & Cambridge v Penn & Cornell - Cornell

 15^{th} April – American Achilles Foundation Dinner, at Harvard - contact Tom Blodgett tblodgett@ft.newyorklife.com

16th April - Oxford 7 Cambridge v Harvard & Yale - Harvard

Saturday 27th April - Achilles: Kinnaird/Sward Meeting – Kingston-upon-Thames

Sunday 28th April - CUAC Sports - Wilberforce Road

4-6th May - BUCS Outdoors - Bedford

Saturday 18th May - Varsity Sports - Wilberforce Road, Cambridge

Achilles Dinner, at St Catharine's. Chief Guest: Jon Ridgeon. Contact Tom Dowie thehowehoxa@btinternet.com

Wednesday 29th May - Achilles v Loughborough - Loughborough

Saturday 29 June - Achilles, LICC Round One - Allianz Park (formerly Copthall Stadium)

Saturday 27 July - Achilles, LICC Round Two - Allianz Park

Saturday 24 August - Achilles, LICC Round Three - Allianz Park

2014 - 150th Anniversary of the Varsity Sports. Save the date!

Big celebrations are planned at Oxford on 17th May, including a banquet at Oxford Town Hall

Changing Times 1

The format of the Achilles Annual Report went largely unchanged from 1920 until the 1960's (and if any one can unearth the lost Reports of 1921-23 we would be thrilled!). It was then a small A5 booklet, containing a couple of pages describing the Club's activities during the year, the results of the Varsity Match and other competitions, and a comprehensive list of members and their addresses.



During the 1970's and early 1980's publication lapsed, and when I revived it in 1986 it was in A4 format. Over the years, as technology and my IT skills have improved I've sought to expand the content and refine its presentation, but always maintaining the style and identity of the Reports of the Club's first 50 years. It has been, and continues to be, a labour of love, and a privilege.

A change of layout was long overdue and I hope that you approve. The magazine style is actually more economical, permitting better use of page space, and allowing the same amount of material to fit into fewer pages, and we are indebted to London Estate Agents **Douglas & Gordon** for printing it for us in colour. - PDTW

Changing Times 2



Tommy Macpherson has agreed to become the Club's Patron, a post previously only held by our founder, Lord Philip Noel-Baker.

Tommy's contribution to the Club over the last 60 plus years has been immense. Among countless initiatives, he organised a very high profile tour to

Greece and Italy in the early 1950's, took over from Harold Abrahams as Chairman, set up the Achilles Trust when the US Series had all but collapsed through lack of funds, raised sponsorship for major tours to Australia in the late 1970's and Hong Kong and China in the early 1990's and has guided us with wit and wisdom throughout. Tommy is standing down from the post of President which he has held with such distinction since 1979. We are proud and happy that his close interest in the Club's affairs remains undimmed.

Changing Times 3

While we are on the subject, it is now 25 years since I took over from Sandy Duncan as Honorary Secretary of this august Club.

Sandy had been in the post for 39 years—probably too long. I care too much for the Club to make the same mistake.

Who'd like to start taking over?

Very best wishes to all,



Paul Willcox Hon. Sec. Achilles Club

Achilles Club

PRESIDENT

Sir Thomas Macpherson of Biallid CBE MC TD DL (Oxford)

VICE-PRESIDENTS

H. Robert H. Stinson MBE (Cambridge) Timothy M. Taylor (Oxford)

CHAIRMAN

Dr Dewi W. Roberts MBE DL (Cambridge)

COMMITTEE

Mark S. Steed (Cambridge) Schools Relays

John Crosse (Oxford) Transatlantic Series

Tom Dowie (Oxford) Achilles Dinner

Alan James (Cambridge) Varsity Match

Dr Robert Harle Webmaster & Hon. Treasurer, CUAC

Dr Chris Martin (Oxford) Hon. Treasurer, OUAC

Matthew Buck (Cambridge) Kit - matt.buck@achilles.org

Dr. Andrew Hodge (Cambridge)

Air Commodore John G. De'Ath MBE (Oxford)

Geoff Hill (Cambridge)

Bridget Wheeler (Cambridge)

Caspar Eliot (Oxford)

Lucy Spray (Cambridge) Varsity Sports 150th Anniversary 2014

Alexander Probodziak Muñoz President OUAC

Matthew Houlden President CUAC

Matthew Johnson Past President OUAC

Tom Wagner Past President CUAC

Ralph Eliot Hon. Sec. OUAC

Amin Ahmadnia Hon. Sec. CUAC

Nadine Prill Women's Captain OUAC

Nora Rossberg Women's Captain CUAC

Ross Elsby Men's Captain CUAC

Daniel Hooker Men's Captain OUAC

Jon Cook CUAC Alumni

Helen Hanstock OUAC Alumni

Achilles Team Managers

Sally Hughes (Oxford), Humphrey Waddington (Cambridge),

Frances Smithson (Oxford),

Mike Collins (Cambridge), Helen Hanstock.

Achilles Trustees

H.R.H. Stinson; Sir Thomas Macpherson; Dr. C.J.R. Thorne; J.G. De'Ath; D.W. Roberts; Bridget Wheeler; P.D.T. Willcox. Clerk to the

Achilles Trust: Dr. Christopher Thorne (Cambridge), St Catharine's College, Cambridge 01954-210566 cjrt@cam.ac.uk

American Achilles Foundation

Thomas N. Blodgett (Cambridge) tblodgett@ft.newyorklife.com

Hon. Treasurer & Membership Secretary

Peter Crawshaw (Oxford), 18 Ringley Park Av., Reigate, Surrey RH2

Phone 01737-761626 peter.crawshaw@achilles.org

Hon. Secretary

Paul Talbot Willcox (Cambridge)

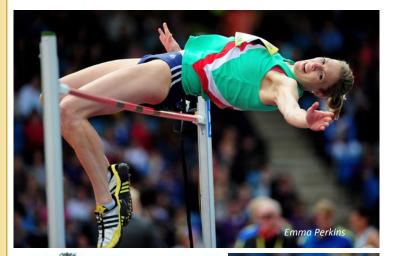
c/o Eggar Forrester, Eden House, 23 Wilson Street London EC2M 2SN, paul.willcox@achilles.org 07768 735634

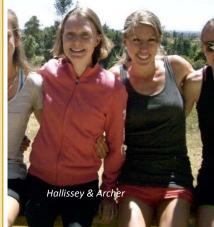
World and UK Rankings

Several of the Club's top performers enjoyed huge breakthroughs. Emma Perkins opened the year by radically revising her high jump pb with 1.89 indoors. Then Claire Hallissey built on her 2011 promise with a storming first UK place in the London Marathon to secure her Olympic place. Meanwhile a big 10000m pb in the USA and a close 4th in the European 5000m heralded Julia Bleasdale's long awaited arrival in the highest world class, a position confirmed by her two 8th placed finishes in the Olympic finals at both distances.

Jon Cook (right) scored his first international win at an event in Spain, and his competitive record earned him a 10th place ranking on merit from AW.

Late in the year, Ben Moreau sliced a minute off his 10000m pb at an event in Australia.









the UK 10k road lists.

Hatti Archer was desperately unlucky to be excluded from a second Olym-

pics through injury. In spite of holding the qualifying time and a brave run

Louis Persent was another to make a long overdue breakthrough, improv-

ing at 400m by almost a second. He narrowly missed Olympic selection,

in the Europeans she fell foul of the UK's draconian entry standards.

but time is on his side and he already has his sights set on Rio.





Andy Baddeley shrugged off a series of injuries to return to the top of the		
UK rankings. He reached the Olympic semi-finals, and his blog on the	Julia Bleasdale	
Games is included later in this Report.	Julia Bleasdale	
·	Claire Hallissey	
Mara Yamauchi, however, had a frustrating year. Carrying an injury into the Olympic marathon she had to drop out. She nevertheless ranked 3rd in		
the Orympic marathon she had to drop out. She nevertheless ranked std in	Emma Perkins	

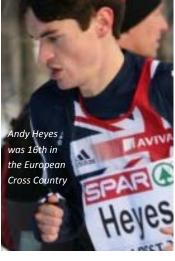
ulia bicasuale	9	2	2	10000111	30.33.03
ulia Bleasdale	20	2	1	5000m	15:02.00
Claire Hallissey		1	1	Marathon	2:27:44
Andy Baddeley		1	3	1500m	3:35.19
mma Perkins		3	3	High Jump	1.89i/1.83
Ben Moreau		4	4	10000m	28:40.83
Grace Clements		4	4	Heptathlon	5755
latti Archer		5	5	3000m s/c	9:57.00
ouis Persent		7	7	400m	45.77
hyllis Agbo		7	7	Heptathlon	5388
mily Dudgeon		8	7	800m	2:02.32
an Kimpton		10	8	10000m	29:26.51
on Cook		10	21	800m	1:48.90
Andy Baddeley		10	5	5000m	13:22.44i
hyllis Agbo		12	10	Shot Put	13.87
Andy Baddeley			10	800m	1:47.80
Grace Clements			13	High Jump	1.75
Paolo Natali - Italy)			14	Marathon	2:20.27
Aidan Reynolds			15	Javelin	68.30
hyllis Agbo			17	100mH	13.80
Ben Carne			18	400mH	51.38
hyllis Agbo			18	Long Jump	6.05
ames Kelly			19	Marathon	2:22:22
Clara Blattler - USA)			19	Pole Vault	3/70
Grace Clements			20	Long Jump	6.03
lav Childs			21	Triple Jump	15.10
Carolyn Plateau			21	800m	2:04.79
ulia Bleasdale			24	1500m	4:16.56
laomi Taschimowitz			25	3000m	9:14.37
izi Wheater			28	1500m	4:17.13
(eno Mario-Ghae			31	High Jump	2.04
izi Wheater			31	800m	2:06.70
Jen Lovell - Australia)			36	Pole Vault	3.50
aura Duke			37	Hammer	48.58
ess Chen			38	5000m	16:36.20
Clara Blattler - USA)			38	400mH	62.60
Richard Baderin			39	110mH	14.72
rances Smithson			41	High Jump	1.70i/1.64
an Kimpton			42	5000m	14:13.32
łuw Lobb			44	Marathon	2:28:39
Grace Clements			44	100mH	14.35
Bilen Ahmet			45	Decathlon	4524
Chris McGurk			46	10000m	31:11.88
Natt Houlden			47	Triple Jump	14.52/14.70w
tala a Baradhada			••		45.00

World UK Merit UK

2 2 10000m

30:55.63

And In Other News....









Congratulations to Martine Bomb and Pete Harding on their marriage, and Steve Marlow and Lucy Flanner on











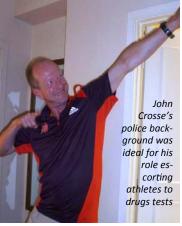




Desmond Luke was on our 'missing members' list for many years, and had evaded even the searches of his 1957 US Tour teammates when they organised a reunion.

At the height of our celebrations at the Royal Overseas League, a club resident, in London for the Games, noticed our event listed on a board in the foyer, wandered in, and rather diffidently introduced himself

Desmond Luke, welcome back! What a very happy coinci-



Mara Yamauchi

6th in Beijing,

misfortune of

starting the

marathon in-

ured, and hav-

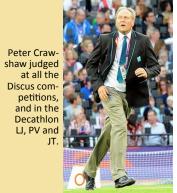
suffered the







The Achilles Olympic Gathering at the Royal Overseas League was attended by over 200. It was organised by Paul Willcox and





Triathlon Gold Medallist, Alistair Brownlee: in his one term at Girton he competed regularly for CUH&H, and but for injury would have contested the Varsity Cross-Country





Sarah Owen's first 'Client as Paralympics driver turned out to be Sarah Springman, there in her role with the Triathlon

The visceral appeal of the 100m' - from Barny Powell

I thought I should share with Achilles my Dear Alex attempt to explain the visceral appeal of the Yes, I can explain: it's about terror and pity. 100m in response to my co-author, Alex We all thrive on drama, fright and surprise. Mackinnon's missing the point of it.

I know you are intelligent and an athlete. Can you therefore explain the 100m to

In terms of poetic prose, my take is: - A Bolt sightbite as fleeting and appeal-

ing as a Blair soundbite, - A race strategically singular and tactically

bereft.

- Only works with feral crowds, febrile hype, and a frantic press.

- The fastest run, in the straightest line, over the shortest distance, requiring minimal attention span

I stayed up for the 10,000 metres on Saturday but went to bed after watching the boxing on Sunday. Saw the 100 metres this morning and stifled a vawn!

Please tell me why 100m is so popular! Now what Ennis did - that was true athletics.

All the best. Alex

In the 100 m there is fight and flight all at once, as you flee your fears (of being left at the start) and fight for supremacy. The 'feral crowd' loves this as much as they love a pack of dogs chasing a rabbit competing for the kill. The sprinter loves the adrenalin rush and the surge of hitting the 'sweet spot' of full stride and blazing a trail in a slightly crazed cayort to victory. It's basic animal spirits. The terror comes in the interminable space between the crouch and the gun. The pity comes with the devastation of defeat for those who have puffed themselves up as victors. Above all, it's a phenomenal dare in which each runner believes he can ratchet up his speed/stride rate to match and overhaul the rest. You have to run the race to know this. Ask Alan Wells if you ever come across him - he will tell you something very

Your four descriptors are quite accurate. However, you have to see the 100 m as a circus act. The suspense is so brief it mad-

dens the crowd with its intensity, which is what makes them jump and shout. It's a flash in the pan of eight men literally shot from a gun with one of them becoming a kind of shooting star. By comparison, all other events are calm, measured, strategic and rational. This what makes the 100m the Cinderella or stand-out event. It has all the drama and fascination of unbridled passion or a public execution. It's a searing struggle which allows an infinitesimal margin of error in avoiding sudden death. It's the total focus and attention span allotted by the runner to the task which galvanises, even hypnotises, the spectator. There you have it.

Having said that, I must say I agree with your suggestion that Jessica Ennis is the true athlete - which is quite another thing, of course. I took up the decathlon in Spain rather like Don Quixote - after years of hundreds and long jumps and revelled in my spectacular failure (particularly in the pole vault) to achieve my entirely imaginary potential, but have never enjoyed anything quite so much again

ATB - Barnaby

Andy Baddeley's Olympic Blog

ble moments of my life'

I felt incredibly proud to be a part of Team GB for a home Games. Whilst all of the athlete interviews from all the sports may have lent the "crowd were incredible" sentiment an air of cliché, that is simply because there is no way to describe how it felt. It was and still is, impossible to describe the wall of noise, the electric atmosphere of anticipation, or the feeling of pulling

on the British vest. But suffice it to say, as a country we showed everything

that is Great about Britain.

I arrived in the village ready to go, and to soak up the atmosphere. I moved into our apartment with Chris Tomlinson. Robbie Grabarz, Andrew Osagie and Ross Murray, where I was sharing a room with Chris Thompson

Day one of athletics arrived, and it was finally time to don the vest in anger. It was a usual race day of nervous waiting, coupled with an air of "is this real" and "s***, this is the Olympics!". Time slipped by and suddenly I was at the warm up track, where I can only really describe the atmosphere as the calm before the

the morning session made sure of that! I had a walk around the warm up track with my coach, and then lay down for a quick read to clear my head. Stretching, then a very early jog as we had to contend with an unusual-'One of the most incredi-

storm. By this point we all knew this

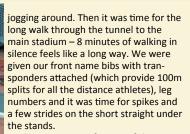
wasn't a normal major championships -

watching a full stadium roar Jess on to a

world heptathlon best in the hurdles in

ly long 50 minute call time. I did a few easy strides, grabbed my spike bag and headed

into final call. For once, all the officials were speaking English, which was strangely comforting. For anyone wondering what goes on in there – our bags are checked to make sure spikes are the right length and that no one has an iPod or phone, or any branding that's not allowed. The call room is basically a big room with dividing walls separating it into pens so that each heat is segregated from the others. Plain walls, and eerily quiet as each athlete goes through their routine. There is the occasional bit of banter to break the tension, and the officials try to stop any



Then it was time for one of the most out from underneath the stands in single file, and there was a surge of deafening noise spreading outwards as the crowd spotted the Team GB colours. If I thought that was loud, I was in for a rude awakening as my name was announced on the start line. If I had clapped my hands in front of my face L wouldn't have been able to hear it. The sound had such a physical positivity, that I felt taller, I felt lighter. Then we were off, and despite tripping with 120m to go, I felt great and qualified in an automatic spot.

After crossing the line, in a mixture of excitement and relief, there was a brief chance to soak up the atmosphere and

to acknowledge the crowd before hiking back to the warm up track via the longest ever mixed zone! A quick warm down and the chance to talk to my coach whilst getting a massage, then I hopped on the bus back to the village. I went straight into the (6000 seater) dining hall before heading back to Team GB medical HQ for an ice bath

Fast forward less than 24 hours, and I'm sitting with the guys in our apartment incredible moments of my life. We came in the village with no idea of what's about to happen. Super Saturday. Need I say more. We watched three of our friends and teammates win the biggest prize in world sport, it was incredible. So incredible that I had to take myself out for a walk around the village to calm down and relax before trying to get some sleep before my own Olympic semi-final.

> So then it was my turn again, it was Sunday, with much the same routine as Friday. I was drawn in the second semifinal, which was made up of 13 athletes after the reinstatement of Nixon Chepseba who had stumbled in his heat. First 5 athletes from each semi would qualify automatically, with the next 2 fastest overall also progressing. I felt good in the

warm up, nervous but ready to go. Then we got out on the track and the noise hit me again I've run out of superlatives for the way that it made me feel.

The gun went. and the rest is a blur. The pace felt incredibly fast, but what was not necessarily obvious was that it was fluctuating - always the toughest way to

run. Not only was the pressure applied at in an agonising 8th place – 7th place 0.4s the front inconsistent (by an obviously keen-to-stay-out-of-trouble Chepseba), but the rest of us were scrapping for position and doing our best to avoid stumbles and fallers. I felt like I was going as hard as I could go right from the gun. and when I knew that I really needed to move up through the field I was already at my red-line and just couldn't make it



ahead of me qualified for the final.

How I felt back at the warm up track is perhaps the most difficult thing to explain. The event that I had been training for over the last four years was over, and I was one place away from a second consecutive Olympic final. Obviously I was and won, and to have represented Team disappointed, but it wasn't quite as simple as that. The closest word I can think of happen. I ran hard to the line but finished is empty. It was a case of "ok, well what

now?". There's no urgency to recover, to get an early night or to think about training again. Perhaps lost is also appropriate.

Another reason for such complicated emotions was my own constantly shifting goal posts. Four years ago I was confident of competing for a medal in London. A smattering of small injuries over the next few years meant that it wasn't quite so straightforward, and as I mentioned in the previous blog, at the end of 2011 I wasn't even sure I would make the team. But so consistent was my training from September 2011, by the time I ran a PB over 3000m in May 2012, I knew that I was back at my best - stronger and faster than in 2008. But, also as per the previous blog, my four week lead in to the games was far from perfect, and even if only subconsciously, the goal posts moved

Yes, I was disappointed not to have a chance to compete for a medal, but I was also (and perhaps more importantly) proud to have fought my own demons GB on the biggest stage of all.





Over 170 Achilles Club members have competed in the Olympic Games since Grantley Goulding of Oxford (right) claimed a silver medal over the hurdles in 1896. They have won 51 medals, 20 of them Gold. The table shows that the heydays of the early 20th century gave way to period in the 1970's and 1980's when the Club went completely unrepresented, but that there has since been a marked revival, a particular feature



of which has been the emergence of women, and former track and field athletes excelling at ot sports: members have won medals in cycling, rowing, modern pentathlon and triathlon.

After the Club's 10-medal haul at the 1924 'Chariots of Fire' Olympics, the most remarkable cess was in 1932, when just 6 members made the long trip to Los Angeles and returned wit medals between them.

1920. **Bevil Rudd** was serving as the first Hon Sec of the Achilles Club when he ads. won Gold (400m), silver (4 x 400m) and bronze (800m)



YES	1920	8	3	3	
	1924	24	3	1	
	1928	22	2		
	1932	6	2	3	
ld athletes excelling at other	1936	13	2	1	
on and triathlon.	1948	10			
s the most remarkable suc	1952	10			
s, the most remarkable suc-	1956	8	1	1	
ingeles and returned with 5	1960	8	1		
medals between them.	1964	7		2	
Large teams in the post war	1968	7	1		
Games of 1948 and 1952	1972	2		1	
went unrewarded, but the	1976	0			
late 1950's and the 1960's	1980	0			
	1984	0			
showed a recovery in for-	1988	1			
tunes.	1992	2			
After 20 subsequent years	1996	4			
of drought, members have	2000	5	1		
brought back modals from	2004	3			

Competitors Gold

0

1

19

13

1900

1904

1908

1912

2008

2012

Medals

10

3

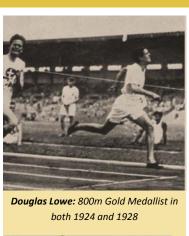
5

4

3 1

1

1

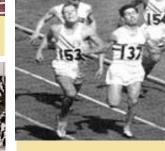




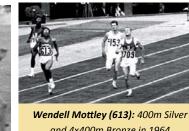
Michael Parker UK record holder for the 110mH was poster boy for 1968 Games

European 800m record holder John Boulter

(143)moved up to 1500m in 1972



So close... Godfrey Brown (400m 1936) and Derek Johnson (800m 1956) were both probably the favourites and lost out on Gold by inches. Derek used to say that he had replayed the race a thousand times in his mind ... and every time he won.



and 4x400m Bronze in 1964



Richard Nerurkar: 5th in the 1996 Marathon in Atlanta







Norman Taber (Oxford and USA) - Bronze



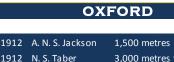
David Hemery: Gold and World

Record at 400mH in 1968

Medal in 1962



ran 1st leg of UK 4 x



3,000 metres team race 1920 B. G. d'U. Rudd 400 metres 1924 W. E. Stevenson 4 x 400 metres relay

1932 T. Hampson 1936 J. E. Lovelock 1,500 metres

L968 D. P. Hemery 400 metres hurdles -2000 Stephanie Cook

Shot

4 x 400 metres relay



CAMBRIDGE



Tom Hampson: 800m Gold and World Record in 1932, plus 4 x 400m Silver



Tim Berrett competed in an astonishing FIVE Olympics

on Ridgeon th in the 110mH in

1988, moved up to 400mH

4 years later



Since her Beijing cycling Silver Medal, Emma Pooley has returned to contest the Old Blues Cross Country. In the London Olympics she finished

GREAT BRIT





Roger Bannister, 4th in the 1500m in 1952, took part n the 2012 torch relay at the scene of his mile world record



of the IAAF and Member of the IOC



Mara Yamauchi: 6th in the 2008 Marathon in Beijing

Martin Winbolt-Lewis 400m in 1968



1924 L. Royle 4 x 100 m relay 1932 J. F. Cornes 1,500 metres 1932 T. Hampson 4 x 400 metres relay 1956 D. J. N. Johnson 800 metres 1964 A. P. Metcalfe 1972 D. P. Hemery 4 x 400 metres relay

GOLD 1912 H. M. MacIntosh 4 x 100 metres relay 1920 G. M. Butler 4 x 400 metres relay 1920 J. C. Ainsworth-Davis 4 x 400 metres relay 1924 H. M. Abrahams 100 metres 1924 D. G. A. Lowe 800 metres 1928 D. G. A. Lowe 800 metres 1928 Lord Burghley 400 metres hurdles 1932 R. M. N. Tisdall 400 metres hurdles 1936 A. G. K. Brown 4 x 400 metres relay 1956 C. W. Brasher 3,000m steeplechase 1960 H. J. Elliott 1,500 metres Modern Pentathlon -

	2012	A. Brownlee	Triathlon
LV	/ER		
	1920	W. R. Seagrove	3,000 metres team
	1920	G. M. Butler	400 metres
	1920	P. J. Noel Baker	1,500 metres
	1924	H. M. Abrahams	4 x 100 metres relay
	1932	Lord Burghley	4 x 400 metres relay
	1936	A. G. K. Brown	400 metres
	1964	W. A. Mottley	400 metres

D	Ö	N	7	F	

	BRONZE						
1908	N. J. Hallows	1,500 metres, 3 mile team					
1912	C. H. A. Porter	5,000 metres, 3,000m team					
1912	N. S. Taber	1,500 metres	1924	G. M. Butler	400 metres		
1920	B. D. d'U. Rudd	800 metres	1924	G. M. Butler	4 x 400 metres rel		
1924	M. C. Nokes	Hammer	1924	H. B. Stallard	1,500 m, 3 mile te		
1924	A. E. Porritt	100 metres	1928	E. Smouha	4 x 100 metres rel		
1924	G. R. Renwick	4 x 400 metres relay	1936	C.P. Green	Four-Man Bobslei		
1956	D. J. N. Johnson	4 x 400 metres relay	1964	W. A. Mottley	4 x 400 metres rel		
1972	D. P. Hemery	400 metres hurdles					

SI





The Varsity Field Events and Relays Matches

Lee Valley Sports Centre, Pickett's Lock, London 18 February 2012

Men's relays, all indoors (Oxford win 4-2)

60m (run as 2 heats, with the 4 best, of 5, University times totalled to determine the result)

Race 1 I. Adekanmbi (O) 6.99, A. Ahmadnia (C) 7.06, M. Dyble (O) 7.15, B. Carne (guest) 7.40, R. Elsby (C) 7.41, R. Bhyat O) 7.46

Race 2 O. Mario-Ghae (C) 7.33, D. Coelho (O) 7.39, M. Houlden (C) 7.45, T. Neill (C) 7.48, R. Crouch (O) 7.52

Guest race A. Richardson (O) 7.46, V. Shadarevian (O) 7.51, M. Wright (O) 7.54. H. Husband (C) 7.68

Oxford total 28.99, Cambridge total

(C) 8.83, O. Mario-Ghae (C) 9.06, M. Houlden (C) 9.38, R. Millar (O) 9.77

Race 2 A. Abioye (O) 9.30, B. Conibear (O) 9.39, T. Porteous (C) 9.73, N. Sharifi (C) 11.41

Cambridge total 37.00, Oxford total

Men's field events (Cambridge win

High Jump, indoors

Oxford (F. Hendry 1.90, A. Abioye 1.85, J Heywood 1.65, R. Millar 1.65) 7.05 Cambridge (D. O'Brien 1.85, W. Harrison 1.80, O.Drage 1.70, O. Mario-Ghae nh)

Pole Vault, indoors

Cambridge (S. Hyatt-Twynam 3.80, F. Bunbery 3.30, T. Wagner 3.20, Z. Hussain

Oxford (B. Waldie 3.70, B. Conibear



Oxford (M. Dyble 22.9, R. Bhyat 24.2, C. Fliot 22.9. S. Wareham 22.7) 1:32.60 Cambridge (A. Ahmadnia 23.1, R. Elsby 23.2, K. Mario-Ghae 22.8, T. Campion-Smith 23.8) 1:32.97

Oxford "B" (R. Crouch 24.6, R. Eliot 23.3, M. Wright 23.5, B. Horsley 23.3) 1:34.58 Cambridge "B" (T. Neill 24.3, H. Husband 24.1, D. O'Brien 23.8, M. Fried 23.6) 1:35.79

4 x 400m

Oxford (A.McBraida 52.2, R. Eliot 50.7, S. Wareham 50.7, C. Eliot 51.9) 3:25.39 Cambridge (M. Houlden, 52.3, N. Sharifi 53.1, C. Roberts 51.1, L. Hilton 53.3) 3:29.85

Cambridge "B" (P. Nanda 53.3, M. Horn 52.6, R.Brown 52.8, A. Davies 53.2) 3:31.87

B. Carne ran one leg as a guest

Oxford (R. Felton 2:05.4, W. Mycroft 2:03.8, J. Darby 1:58.1, T. Frith

1:55.7) 8:02.99 Cambridge (L. Hilton 2:04.9. N Sharifi 2:08.5. T Graeber 2:02.3, C. Roberts 2:00.8) Cambridge "B" E.

Heslet 2:11.0. E.

More 2:20.2 dnf

4x1500m

Cambridge (A. Young 4:12.0, T. Watkins 4;07.0, R. Poolman 4:07.2, W. Ryle-Hodges 4:04.2) 16:30.45

Oxford (S. Ledger 4:17.2, A. Lanham 4:17.5, A. Muir 4:07.9, L. Caldwell 4:10.4)

Cambridge "B" (A. Esimont 4:30.1, M. Benson-May 4:47.4, K.Lu 4:45.4) did not finish a team

60m hurdles (run as 2 heats, with the 4best, of 5. University times totalled to determine the result)

Race 1 E. Guaschino (O) 8.66, R. Elsby

B. Ahmet (C-guest) jumped 4.05 Long Jump, indoors

Cambridge (M. Houlden 6.41, O. Mario-Ghae 6.35, D. Szabo 5.65, B. Lewis 4.99)

3.50, A. Klein 3.40, C. Day 2.70) 13.30

Oxford (A. McBraida 6.00, S. Hill-Smith 5.74, J. Heywood 5.60, T. Haywood 5.08)

J. Phillips (O-guest) jumped 5.15; I. Houlsby (C-guest) jumped 4.70

Triple Jump, indoors

Cambridge (M. Houlden 14.25, E. Gbegli 13.17, D. Szabo 12.61, B. Lewis 11.92)

Oxford (S. Hill-Smith 12.91, B. White 12.47, T. Heywood 11.61, M. Wright 11.60) 48.59

I. Houlsby (C-guest) jumped 10.52 **Shot Putt, indoors**

Cambridge (T. Haseler 13.18, E. Akinluyi 12.07, F. Schaaf 10.68, D. Allwood 9.76)

Oxford (A. Probodziak 9.87, V. Begiri 9.66, B. Conibear 9.26, J. Heywood 9.01)

K. Jackson (O-guest) threw 8.54

Discus, outdoors Cambridge (E. Akinluyi 37.63, F. Schaaf 33.95, R. Harper 33.74, D. Allwood 33.61) 138.93

Oxford (J. Heywood 35.77, B. Conibear 28.93, A. Probodziak 27.40, V, Begiri 25.28) 117.38

Hammer, outdoors

Oxford (V. Beqiri 37.69, A. Probodziak 23.75, J. Heywood 23.29, K. Jackson 15.88) 100.61

Cambridge (R. Harper 28.32, E. Akinluyi 24.39, N. Houlsby 24.00, D. Allwood 21.70) 98.41

Javelin, outdoors

Cambridge (D. Szabo 51.40, F. Schaaf 44.88, J. Dauparas 43.77, A Fitchie 43.05)

Oxford (A. Probodziak 50.08, B. Conibear 45.82, J. Heywood 42.64, K. Jackson 37.04) 175.58

Women's relays (tie 3-3)

60m (run as 2 heats, with the 4best, of 5, University times totalled to determine the result)

Race 1 N. Prill (O) 8.19, H. Wace (C) 8.31, C. Blattler (O) 8.42, N. Christopher (O) 8.52, L. Thompson (C) 8.62 Race 2 E. Gatehouse (O) 8.42, F. Abbott (O) 8.57, F. Thormpson (C) 8.62, M. Preuss (C) 9.03, S-L Walters (C) 9.16 Race 3 (guests) H. Church (C) 9.24, J. Lovell (C) 9.34, I. Marks (C) 9.50, E. Goodband (C) 9.55 Oxford total time 33.55, Cambridge total

time 34.58 4x200m

Cambridge (L. Thompson 28.3, J. Lisney 28.3, F. Thompson 27.9, H. Wace 26.3)

Oxford (N. Prill 26.5, N. Christopher 28.0, K. Holder 29.8, E. Gatehouse 26.9) 1:51.04

Cambridge "B" (M. Preuss 30.4. H. Church 33.7, E. Goodband 31.6, I. Marks 32.0) 2:07.53

Cambridge (E. Craven 64.0, L. Thompson 62.9. T. Tomouk 63.0, R. Penfold 60.1)

Oxford (C. Blattler 61.2, E. Waldon-Day 63.5, R. Gingell 66.8, N. Prill 59.1) 4:10.55

Cambridge "B" (N. Rossberg 65.0, P. Lewis 68.1, S. Dundovic 65.0, K. Sandford 63.4)

4:21.48 3x800m

Cambridge (N. Rossberg 2:28.2, S. Dundovic 2:30.2, R.

Penfold 2:28.8) 7:27.2

Oxford (E. Walden-Day 2:41.0, A. Walsh 2:44.1, J. Klaptocz 2:21.6) 7:46.7 Cambridge "B" (R. Aldridge 2:38.4. A. Shepherd-Barron 2:33.2, I. Mansfield 2:35.7) 7:47.3

3 x 1500m

Oxford (N. Webber 5:04.7, C. Baudoin 5:03.7, J. Klaptocz 4:50.4) 14:58.8 Cambridge (J. Mobed 5:04.9, J. Trayler-Clarke 5:05.7 K. Sandford 5:00.9) 15:11.5

60m hurdles (run as 2 heats, with the 4best, of 5, University times totalled to determine the result)

Race 1 C. Blattler (O) 9.67, H. Hanstock (O) 10.30, L. Thompson (C) 10.33, N. Christopher (O) 10.35, E. Craven (C)

Race 2 E. Waldon-Day (O) 10.92, J. Lisney (C) 11.23, L. Crossman (C) 11.27, R. Gingell (O) 11.30, C. Frost (C) 11.33

Oxford total times 41.24, Cambridge total times 43.25

Women's field events (Oxford win -3)

High Jump. indoors Cambridge (L Crossman 1.55

C. Malten 1.50, L. Thompson 1.50, E. Flanagan 1.40) 4.55 Oxford (R. Swerdlow 1.40, C. McFadden 1.35, K. Holder 1.30) 4.05

Pole Vault, indoors

Oxford (C. Blattler 3.50, A. Nord 2.70, K. Holder 2.20, C. Belloni 1.60) 8.40 record Cambridge (J. Lovell 3.20, S. Williams 2.60, H. Hillyard 2.30, H. Church 1.60) 8.10

Long Jump, indoors

Oxford (C. Blattler 4.95, H. Hanstock 4.87, R. Gingell 4.21, K. Holder 3.73)

Cambridge (L. Thompson 4.56, E. Flanagan 4.49, C. Malton 3.93, C. Frost 3.89) 12.98

Triple Jump, indoors

Oxford (C. Blattler 10.25, H. Hanstock 10.10, R. Gingell 9.24, E. Waldon-Day

Cambridge (L. Thompson 10.53, C. Malton 9.39, E. Flanagan 9.29, F. James 9.08) 29.21

C. Frost (C-guest) jumped 8.24

Shot Putt, indoors

Oxford (H. Hanstock 9.90, K. Holder 9.09, E. Waldon-Day 8.27, R. Gingell 5.60) 27.26

Cambridge (R. Healey 9.50, H. Broadbridge 9.35, J. Lovell 7.16, K. Ashley 7.09)

A. Tymon (C-guest) threw 6.90 Discus, outdoors

Cambridge (H. Broadbridge 38.01 record, R. Healey 22.47, K. Ashley 20.52, A. Tymon 16.32) 81.00

Oxford (K. Holder 22.38, H. Hanstock 20.20, E. Waldon-Day 16.44) 59.02 R. Fellinger (C-guest) threw 17.78

Hammer, outdoors

Cambridge (H. Broadbridge 41.03, R. Healey 28.70, R. Rosenberg 22.55, A. Tymon 18.06) 92.28 Oxford (H.Hanstock 20.28, R. Gingell

15.71, K. Holder 14.04) 50.03 Javelin, outdoors

Oxford (H. Hanstock 29.02, E. Waldon-Day 26.10, K. Holder 24.98) 80.10 Cambridge (J. Lovell 27.33, H. Broadbridge 25.25, P. Lewis 19.35, K. Malton 17.53) 71.93

Cjrt 16.3.2012



The Kinnaird and Sward Trophies Meeting

21st April 2012, Kingston-upon-Thames. CUAC and OUAC were out in force, fresh back from warm weather training. Achilles carried off the Kinnaird without too much difficulty, but with Humphrey Waddington, Bilen Ahmet and Andy Wheble all scoring heavily for the hosts the Sward was beyond us. Highlights of the afternoon were Didi Akinluyi achieving the Blues standard for the first time in the shot, and Caspar Eliot carrying off the RS Hawkes 400m trophy.

Kinnaird Trophy (90th Year)

100A w -1.2 1 Oweka Wanogho B&B 11.34 3 Ben Ellis (Achilles) 11.55 100B w - 2.5 1 Mark Dyble (Achilles) 11.43 100NS A w -1.6 1 Emanuel Adevemi Kent AC 11.49 4 Toleme Ezekiel (Achilles) 11.79 6 Riyadh Bhyfit (Achilles) 11.87 100NS C w -2.1 1 Andrew Weekes WSE 11.89 2 110 Hurdles A+BN+NS w -2.1 (manual) 1 Ashley

Vartan Shadarevian (Achilles) 12.10 3 Adam

Courteney Edwards HHH U20 11.42 4 Oliver

Hatfield (Achilles) 12.15 5 Will Smith (Achilles)

12.31 6 Owen Churton (Achilles) 12.55 7 Bilen

Mark Dyble (Achilles) 22.46 200m B w -3.2 1

(Achilles) 23.54 200NS A w - nr 1 Idris Ojuriye

HHH 22.95 2 Matthew Fried (Achilles) 23.71 3

Miles Horn (Achilles) 23.91 200NS C w - nr 1

Richard Agyepong HWI 23.24 2 Adam McBraida

(Achilles) 23.42 3 Ben Horsley (Achilles) 23.61 5

400m A 1 Lolu Oluwole-Ojo WSE U20 50.06 3

Adam McBraida (Achilles) 50.38 400m B 1

Caspar Eliot (Achilles) 49.81 400NS A 1 Law-

rence Croll-Mensah HHH 48.96 3 Ben Horsley

5 James Griffith (Achilles) 54.66 400NS C 1

800A 1 Zak Curran WSE U20 1.53.38 4 Lloyd

dowski (Achilles) 1.57.28 3 Richard Felton

1500 A+B+NS 1 Tom Heslop (Achilles) NS

Andrew Lanham (Achilles) 4.13.56 6 James

4.10.26 3 Jonny Bradford (Achilles) 4.11.69 4

Doug Morton (Achilles) NS 2.16.65

Hilton (Achilles) 2.00.51 800B 1 Adam Lewan-

(Achilles) NS 1.57.91 4 Mark Inkester (Achilles)

NS 2.01.10 6 Hugh Baker (Achilles) NS 2.08.44 7

Charlston (Achilles) NS 4.16.75 7 Andy Robinson

K&P M45 4.24.20 10 Karl Lu (Achilles) NS 4.34.76 Bilen Ahmet K&P 72.39

(Achilles) 51.49 4 Alistair Davies (Achilles) 53.81

Tucker Bryant K&P U20 22.96 2 Ross Elsby

Riyadh Bhyat (Achilles) 24.22

Ralph Eliot (Achilles) 51.04

200m A w -3.0 1 Oweka Wanogho B&B 22.16 2

Magni (Achilles) 12.35 100NS E w -2.0 1

Ahmet K&P 13.26

3000 A+B+NS 1 Alex Tovey WSE 8.36.44 3 Peter Hodgkinson (Achilles) 9.09.89 4 Jamie Shadbolt (Achilles) NS 9.16.24 5 Oliver Maskell (Achilles) 9.17.18 6 Andy Robinson K&P NS M45 9.21.51 9 James Taylor (Achilles) NS 9.35.24 10 Doug Morton (Achilles) NS 9.53.24

Bryant WSE 15.1 2 Josh Gilbert (Achilles) 15.6 3

Ross Elsby (Achilles) NS 16.2 5 Keno Mario-Ghae

400 Hurdles A (manual) 1 Jacob Paul WSE U20

Eckersley K&P 57.3 400 Hurdles B + NS 1 Cas-

par Eliot (Achilles) 56.78 3 Miles Horn (Achilles)

NS 61.85 4 Matthew Fried (Achilles) NS 62.74 6

54.2 3 Matt Houlden (Achilles) 57.2 4 Danny

(Achilles) 17.1 6 Bilen Ahmet K&P 20.1

2000 Steeplechase A+B+NS (manual) 1 Paul Hodgson (Achilles) 6.34.5 4 Luke Samuel (Achilles) 6.52.3 6 Andy Arbour K&P NS M40 7.09.6 4 x 100 Relay 1 TVH 44.01 2 (Achilles) 44.35 5 (Achilles) NS 45.34 4 x 400 Relay 1 TVH 3.27.79 4 (Achilles) 3.34.28

1 Achilles Club 248

2 Windsor, Slough, Eton & Hounslow 210

3 Kingston AC & Polytechnic H 206 5 Blackheath & Bromley H&AC 72

6 Hercules Wimbledon AC 68 7 St Marys Richmond AC 15

8 Epsom & Ewell H 8

Sward Trophy (50th Year)

High Jump A 1 Lewis Ely B&B 1.90 2 Keno Mario-Ghae (Achilles) 1.90 3 Davud Cole WSE 1.85 4 Bilen Ahmet K&P 1.80 5 Jacques Ezzeldin SMR U17? 1.70 High Jump B 1 Loic Malroux K&P/ FRA 1.80 3 David Szabo (Achilles) 1.70 Pole Vault A 1 Stephen McLennan WSE 4.40 2 Bilen Ahmet K&P 3.80 3 Sam Hyatt-Twynam (Achilles)

Long Jump A 1 Humphrey Waddington K&P leg 6.64 6.78w(4.2) 2 Matt Houlden (Achilles) 6.61 (0.4) Long Jump B 1 Chris Hall K&P leg 6.20 6.63w(4.4) 2 David Szabo (Achilles) leg 5.97 6.23w(2.8) Emmanuel Gbegli (Achilles) leg 5.54 5.63w(2.2)

Triple Jump A 1 Humphrey Waddington K&P 14.08(0.2) 2 Matt Houlden (Achilles) 13.53(2.0) Triple Jump B 1 Emmanuel Gbegli (Achilles) 13.41(1.8) Bilen Ahmet K&P 11.70(0.7) Shot A 1 Nick Owen K&P 14.23 3 Emmanuel Akinluyi (Achilles) 13.41 (Blue) Shot B 1 Alex Pope B&B 12.51 4 David Szabo (Achilles) 11.02 5 Neil Jennings SMR 9.87

Discus A 1 Kariym Irving WSE 45.83 2 Andy Wheble K&P 41.61 4 Ryan Harper (Achilles) 39.41 Discus B 1 Ashley Bryant WSE 40.39 4 Emmanuel Akinluyi (Achilles) 35.25 Felix Schaaf (Achilles) 35.83 Jonathan Phillips (Achilles) 34.45 David Allwood (Achilles) 33.70 Hammer A 1 Mickey Finn WSE 54.47 5 Ryan Harper (Achilles) 29.50 Hammer B 1 Andy Wheble K&P 40.10 3 David Allwood (Achilles)

Javelin A 1 Ashley Bryant WSE 58.86 3 David Szabo (Achilles) 48.06 Javelin B 1 Chris Dack K&P 49.32 4 Keno Mario-Ghae (Achilles) 31.94

1 Kingston AC & Polytechnic H 200 2 Achilles Club 152

3 Windsor, Slough, Eton & Hounslow AC 150 4 Blackheath & Bromlev H&AC 90

5 St Marys Richmond AC 64 6 Epsom & Ewell H 42

7 Hercules Wimbledon AC 31

RS Hawkes 400m Trophy Caspar Eliot (Achilles) CT Leslie 800m Trophy Zak Curran (WSEH)







The London Inter-Club Challenge

LICC MATCH 1 **SATURDAY 28 APRIL 2012 PARLIAMENT HILL**

100m Women +1.9 (Manual) 1 Tope Nuga Newham 11.96 3 Helena Wace (Achilles) W U23 12.92 **100m** Men +3.9 (Manual) 1 Gareth Cunningham WSEH 10.78 5 George Kenyon (Achilles) 11.01 100m Race 3 +4.9 (Manual) 1 Sylvester June WG&EL SEN 10.96 3 Amin Ahmadnia (Achilles) 11.25 5 Keno Mario-

In spite of unseasonably cold and wet weather, a large and predominantly light blue contingent (Oxford were holding their Cuppers) did enjoy the opportunity to sharpen up for BUCS and the Varsity Match.

Ghae (Achilles) 11.89 100m Race 6 +2.5 (Manual) 1 Eniola Oluwasanya U/A 11.65 2 Tom Neill (Achilles) 11.76 4 Henry Husband (Achilles) 11.90 100m Race 7 +2.5 (Manual) 1 Pierre Walker Belgrave 11.53

200m Race 3 +2.7 (Manual) 1 Fabian Smith U/A 22.27 4 Ross Elsby (Achilles) 23.05 200m Race 5 +3.7 (Manual) 1 Craig Cox Crawley 23.12 5 Matt Fried (Achilles) 23.85 200m Race 6 +3.2 (Manual) 1 Samuel Sanchas VP&TH U20 23.09 5 Henry Husband (Achilles) 24.34 200m Race 7 +3.7 (Manual) 1 Anton Johnson-Smith VP&TH U17 23.73 3 Alistair Davies (Achilles) 24.08

110m Hurdles Wind +5.3 1 Gary Wilson Belgrave 15.36 2 Ross Elsby (Achilles) 15.97 3 Keno Mario-Ghae (Achilles) 16.66 4 Mike Collins (Achilles) 16.75 **400m Hurdles** Race 1 1 Seb Rodger SBH 55.02 3 Matt Houlden (Achilles) 57.82 4 Aaron Mason (Achilles) 59.26 400m Hurdles Race 2 1 Joel Bucket Crawley U17 01:03.41 3 Paul Hodgson (Achilles)

400m Race 2 1 Finbarr Ricketts Highgate U23 53.45 4 Lloyd Hilton (Achilles) 54.28 5 James Griffin (Achilles) 55.46 400m Race 3 1 Miles Horn (Achilles) 53.31 4 Alistair Davies (Achilles) 55.44 6 Pranav Nanda (Achilles) 55.96

800m Race 1 1 Matt Hamilton Herts P 2:01.44 6 Rich Brown (Achilles) 2:05.90 7 Hari Faulkner London U 2:06.57 800m Race 2

1 Matt Leach (Achilles) 2:10.8 4 Rose Penfold (Achilles) 2:24.77

1 Mile Race 1 1 Roger Poolman (Achilles) 4:34.07 2 Sam Ashcroft (Achilles) 4:36.15 4 Matt Leach (Achilles) 4:37.22 5 James Charleston (Achilles) 4:44.84 8 Joanna Mobed (Achilles) 05:43.67 1 Mile Race 2 1 Adam. Derrick Wright S-Factor U17 4:52.95 3 Owen Drage (Achilles) 05:19.37

5000m 1 Thomas Beedell WG&EL 15:13.27 3 Tom Heslop (Achilles) 15:57.98 7 Paul Hodgdson (Achilles) 17:16.11

Javelin 1 Justus Dauparas (Achilles) 42.91 2 Felix Schaaf (Achilles) 40.78 3 David Szabo (Achilles) 38.75 4 James Rossiter (Achilles) M40 35.88 5 Keno Mario-Ghae (Achilles) 34.34

Pole Vault 1 Sam Hyatt-Twynam (Achilles) 3.70 2= Zaamin Hussain (Achilles) 3.00 2= Tom Wagner (Achilles) 3.00 1 Jennifer Lovell (Achilles) 2.60 Triple Jump 1 Matt Houlden (Achilles) 14.17 2 Emmanuel Gbegbli (Achilles) 13.33 1 Dee Bakre E&H 10.72 2 Eleanor Flanagan (Achilles) 9.08 3 Fiona James (Achilles) 9.03

Long Jump - Men 1 Daniel Bramble SBH 7.35 2 Matt Houlden (Achilles) 6.50 3 David Szabo (Achilles) 6.27 4 Emmanuel Gbegbli (Achilles) 5.57 Long Jump - Women 1 Dee Bakre E&H 5.02 7 Eleanor Flanagan (Achilles) 4.43 8 Fiona James (Achilles) 4.16 14 Natalie Arrowsmith (Achilles) 3.49

High Jump 1 Bn Challenger WG&EL 1.90 2 Keno Mario-Ghae (Achilles) 1.85 4 Devin O'Brien (Achilles) 1.70 5 Owen Drage (Achilles) 1.65 1 Jenna Hoyte Herts P W U15 1.55 2 Eleanor Flanagan (Achilles) 1.45

Hammer 1 Ryan Harper (Achilles) 37.04 1 Laura Duke (Achilles) 46.99

Discus 1 Devon Douglas WG&EL 48.86 2 Ryan Harper (Achilles) 40.35 3 Felix Schaaf (Achilles) 36.32



4 Didi Akinluyi (Achilles) 33.74 5 Dave Allwood (Achilles) 32.96

Shot 1 Didi Akinluyi (Achilles) 12.06 2 James Rossiter (Achilles) M40 8.81

MENS POINTS

198 ACHILLES WG&EL

HIGHGATE **WOMENS POINTS**

ACHILLES 70 31 SBH

WG&FI HIGHGATE

LICC MATCH 2 **SATURDAY 16TH JUNE 2012** BARNET COPTALL

400m H 1 Aaron Mason SM Achilles 56.32, 2 Daniel Eckersley SM Achilles 57.60, 6 Bilen Ahmet SM Achilles 01:06.54.

800m 4 Bilen Ahmet SM Achilles 02:27.75, 5 Nora Rossberg SW Achilles 02:30.68,

100m Womens A 3 Katie Skelding SW WG&EL 12.60, 100m -0.9 M/S 3 Vartan Shadarevian SM Achilles 12.19. 6 Richard Baderin SM Achilles 12.39. 100m 3.1 M/S 1 Bilen Ahmet SM Achilles 12.80. 400m 7 Nadine Prill SW Achilles 56.79,

400m 1 Andrew Robinson M45 Achilles 57.37, 4 Lucy Spray SW Achilles 01:00.33, 6 Nora Rossberg SW

200m -3.1 M/S, 4 Mark Dyble SM Achilles TBA,

Andy Robinson had an outing over 400m, sharpening up for a season which took him to 2nd on the V45 rankings for both 5000m and 3000m s/c and his first international vets cross country vest.

And one man team Bilen Ahmet was back in the fray at almost every event.

200m 3 Robert Harle SM Achilles TBA, 110m H -4.2 M/S, 1 Joshua Gilbert SM Achilles 15.70, 4 Bilen Ahmet SM Achilles 19.67, 110m -3.3 M/S, 4 Richard Baderin SM Achilles 15.43,

Hammer Bilen Ahmet SM Achilles 22.99, Discus(Pool 2) Bilen Ahmet SM Achilles 29.26, Javelin Bilen Ahmet SM Achilles 29.49. Angus

Fitchie SM chilles 40.61, David Szabo SM Achilles Shot Bilen Ahmet SM Achilles 9.65,

Triple Jump(Pool 1) Emmanuel Gbegli SM Achilles 13.12, James Osun-Sanmi SM Achilles 12.53, Matthew Houlden SM Achilles 12.59, Triple Jump(Pool 2) Bilen Ahmet SM Achilles 11.54,

High Jump Bilen Ahmet SM Achilles 1.75 Long Jump Bilen Ahmet SM Achilles 5.41, Matthew Houlden SM Achilles 6.28, Emmanuel Gbegli SM

Achilles 5.51,

LICC MATCH 3 **SATURDAY 7 JULY 2012 ASHTON PLAYING FIELDS, WOODFORD**

Hammer (Men) Bilen Ahmet SM Achilles 20.85 Hammer (Women) Laura Duke SW Achilles 46.82 Pole Vault (Men) Bilen Ahmet SM Achilles 2.10 Long Jump (Men) (Pool 1) Adrian Hemery SM Achilles 6.51 Bilen Ahmet SM Achilles 4.75 Long Jump (Women) (Pool 1) Helen Hanstock SW

High Jump (Men) Bilen Ahmet SM Achilles 1.50 Triple Jump (Men) Bilen Ahmet SM Achilles 10.74 Shot (Men) Bilen Ahmet SM Achilles 8.66 Shot (Women) Helen Hanstock SW Achilles 9.13 Discus (Men) Bilen Ahmet SM Achilles 25.71 Discus (Women) Helen Hanstock SW Achilles 20.70 Javelin (Men) Bilen Ahmet SM Achilles 23.02 Javelin (Women) Helen Hanstock SW Achilles 25.35 100m Ladies A 1 Katie Skelding WGEL SW 12.37 **100m 1** 5 Mark Dyble Achilles SM 11.21

100m 4 1.0 M/S 2 Sean Buckeridge Ealing SM 11.51 100m 5 0.9 M/S 4 Adrian Hemery Achilles SM 11.81 100mh W 1 M/S 2 Martine Bomb Achilles SW 15.36

Amin Ahmadnia Achilles SM 11.82

100m 2 1.2 M/S 4 Toleme Elekiel Achilles SM 11.44 6



110mh M 1 2.0 M/S 1 Adrian Hemery Achilles SM 15.61 2 Mark Dyble Achilles SM 17.12 3 Bilen Ahmet Achilles SM 19.76

400mh 1 T03 400mh 1 2 Martine Bomb Achilles SW 01:07.42

400m H 2 Daniel Eckersley Achilles SM 57.67, 7 Bilen Ahmet Achilles SM 81.60

200m Ladies A 1 2 Katie Skelding WGEL SW 25.31 5 Jo Lister Achilles SW 26.78

400m 2 2 Caspar Eliot Achilles SM 50.45 400m 4 4 Christian Roberts Achilles SM 53.19

800m 1 2 Tom Heslon Achilles SM 02:00.17 800m 2 1 Peter Townsend Achilles SM 02:06.37

5000 A Mixed 3 Oliver Maskell Achilles SM 15:40.20. 4 Matt Leach Achilles U20 15:57.57, 5 James Chettle Achilles SM 16:07.69

LICC - MATCH 4 **ALLIANZ PARK (FORMERLY COPTHALL**

SATURDAY 25 AUGUST 2012

Hammer 2 Bilen Ahmet Achilles SM 20.91

1 Louise Steele Achilles SW 28.08 Pole Vault 1 Bilen Ahmet Achilles SM 3.85, 3 Sam Hyatt-Turnham Achilles SM 3.50 High Jump 2 Bilen Ahmet Achilles SM 1.55 Long Jump - Pool 1 6 Bilen Ahmet Achilles SM 5.27 Pool 2 2 Daniel Hooker Achilles SM 4.61 Triple Jump 5 Bilen Ahmet Achilles SM 12.02 Discus - Pool 1 1 Bilen Ahmet Achilles SM 18.59 Javelin 3 Justus Dauparas Achilles SM 48.39, 4 David Szabo Achilles SM 46.94 **Shot** 1 Bilen Ahmet Achilles SM 9.33 400m hurdles 1 Ben Carne Achilles SM 52.57, 3 Aaron Mason Achilles SM 56.35 800m 6 Bilen Ahmet Achilles SM 2.22.53

400m 2 Lucy Spray Achilles SW 61.46 The third match in the series again suffered from indifferent weather.

100m -2.7 5 Tom Neill Achilles U20M 11.75

The last match, late in the season, was poorly attended by athletes from all clubs, and there are question marks of what format the series may take in 2013.

200m -2.0 1 Tom Neill Achilles U20M 23.82 **110m Hurdles** -3.5 2 Bilen Ahmet Achilles SM 19.73



13th June 2012, Loughborough

Men's 400m Hurdles

1, Aaron Mason, Achilles, 56.39 2, Matthew Houlden, Achilles,56.85

3, Adrian Hemery, LSAC,57.02 6, Andy Lomas, Achilles ,59.16 Men's 800m.

1, Paul Goodall, LSAC, 1:51.44 7, Aaron Mason, Achilles, 2:54.40

Men's 100m ,WS, -1.9 m/s

1, Olusoji Fasuba, CS, 10.92 3, Mark Dyble, Achilles, 11.27 6. Richard Baderin, Achil-

les,12.02 Men's 400m

1, Musa Audu, CS,48.80 4, Caspar Eliot, Achilles, 49.73

6, Richard Brown, Achilles, 51.31 Men's 400m Guest Race B,

1, Martin Ogun-Sanya, LSAC.51.02

3, James Grifffith, Achilles ,52.40 1, Paul Allen, CS, 7.08m

Men's 110m Hurdles ,WS, -1.4

1, William Sharman, LSAC, 13.83 6, Richard Baderin, Achilles,15.32

Men's 200m, WS, -1.7 m/s

1, Dan Putnam, LSAC,21.76

3, Mark Dyble, Achilles, 22.41 4, Matthew Houlden, Achilles.23.70

6, Nav Childs, CS,23.94 Men's 200m Guest Race A, WS, - nh, Tom Wagner, Achilles,

1.0 m/s 4, Ben Carne, LSAC, 22.97 Men's 200m Guest Race B, WS, -

2.5 m/s 1, David Olusile, CS, 23.13

3, ?, Achilles ,24.25

Men's 110m Hurdles Race 2, WS, -1.0 m/s

Achilles v Loughborough v Combined Services

1. William Sharman, LSAC, 13.84 5, Richard Baderin, Achilles,15.18

Men's 4 x 100m Relay

1, CS, 42.59 2, Achilles, 44.06

3, LSAC,47.86

3000m Combined. 1, Paul Richardson, Charnwood, 8:33.50

2, William Ryle-Hodges, Achilles, 8:38.07

Men's 4 x 400m Relay

1, Achilles, 3:24.97 2, CS,3:29.90

3, LSAC, 3:30.69

High Jump.

1, Matt Roberts, Newham,

2.12m 6, Devin O'Brien, Achilles, 1.83m

Long Jump.

3, Nav Childs, CS, 6.45m

6, Dan Johnson, Achilles, 5.62m 7, Emmanuel Gbegli, Achil-

les ,5.60m

8, Matt Houlden, Achilles, 5.04m 9, Daniel Hooker, Achilles ,4.97m

Pole Vault.

1, Gregor Maclean, LSAC,5.25m 3, Sam Hyatt-Twynam, Achilles.3.80m

4, James Douglas Achilles ,3.60m

Shot Putt. 4, Adrian Hemery, LSAC, 11.33m Javelin.

1, Matti Mortinore, LSAC,65.05m 3, Adrian Hemery, LSAC,50.41m

4, David Szabo, Achilles, 48.58m

6, Justas Dauparas, Achilles 48 09m

Loughborough 143. Combined Services 117, Achilles 81.

Womens 100m, WS, -1.4 m/s

1, Adeline Gounon, LSAC, 12.38 5, Maria Preuss, Achilles, 14.60 Womens 400m .

1, Justine Kinney, LSAC, 55.38 3, Nadine Prill, Achilles, 56.17 4, Helena Wace, Achilles, 59.52 Womens 200m, WS, -1.9 m/s

1. Laura Wake, LSAC, 24,46 4. Nadine Prill. Achilles. 25.50 8, Maria Preuss, Achilles, 30.92

Womens 1500m. 1, Lisa Dobriskey, LSAC, 4:12.86 7, Naomi Webber, Achilles,

4:59.66 3000m.

1, Nicolene Van Staden, CS, 10:11.93 8, Jane Thomas, Achilles,

11:22.23 Womens High Jump.

1, Emma Perkins, Achilles, 1.76m 6, Fiona James, Achilles, 1.37m Womens Long Jump, Womens

Long Jump, 1, Jessica Tappin, LSAC, 5.34m 2, Helen Hanstock, Achilles,

4.98m 3, Fiona James, Achilles, 4.54m

Womens Shot. 1, Sam Milner, LSAC, 11.30m

5, Rhian Philips, CS, 9.13m

4, Helen Hanstock, Achilles, 9.44m

Loughborough 146, Combined Services 109, Achilles 45.

The London Marathon

The highlight of the London Marathon was Claire Hallissey's brilliant 2:27:44, booking her Olympic place (below, Claire leading in the 2004 Varsity Match)

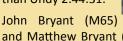




In the men's race Paolo Natali (above) ran 2:20:27 for 29th place and James Kelly 5:59:01. 2:22:22 for 33rd.

category, and Chris Daniels, (right) 2:49:41, thon.

included John Hutchins 2:32:36 William MacKav 2:33:58. James Chettle 2:36:19, Diaro'Seaghdha 2:37:15, Anupam Das 2:37:20, Dave Bruce 2:37:39, Jonathan Undy 2:44:31.



and Matthew Bryant (M35) ran together in

A week earlier Gaby Carnwath ran 3:01.52 Andy Weir, 2:31:05, was 7th in the M40 to finish 6th woman in the Brighton Mara-



The Oxford v Cambridge Varsity Sports

19 May 2012, Iffley Road, Oxford

Honours were even, with Oxford winning both men's matches, and Oxford both women's. Victory was particularly sweet for OUAC's women, as it turned the tide on two years of Cambridge



clean sweeps in this match.

The Drake-Digby Trophy for the best performance in the Men's Match went to Onakeno Mario-Ghae (who high jumped 2.04. The busy Nadine Prill was a popular winner of Susan Dennler Trophy for the best performance in the Womens' Match, capping a sprint treble with a storming 56.9 last leg of the 400m relay to secure the match for Oxford.

The Le Touquet Trophy, for the most improved athlete during 2010-11, went to Caspar Eliot (right, no. 46) who had a big breakthrough at 400m Hurdles. On the flat, however, he suffered the embarrassment of having his brother ran faster than him for the Centipedes: Ralph Eliot (no. 78) was duly



awarded the Steve Stuart Trophy, for the most notable secondteam performance.

The Paul Gomme Trophy, for the best throwing performance of the season, was presented to hammer thrower Helen Broadbridge.

The Achilles Trophy, for outstanding contribution to Oxbridge athletics,

was awarded to Clara Blättler: her time at Oxford and in the UK has sadly come to an end and we will miss her participation in both Varsity and Achilles events.

Men's Blues Match

100m (wind +2.2 m/s) Mark Dyble (O) 10.90, Amin Ahmadnia (C) 11.14, Isaiah Adekanmbi (O) 11.22, Ross Elsby (C) 11.33

200m (wind +1.0 m/s) Christopher Morter (O) 22.79, Ross Elsby (C) 23.00, Sam Wareham (O) 23.11, Amin Ahmadnia (C) 23.28

400m Caspar Eliot (O) 50.38, Sam Wareham (O) 51.06, Christian Roberts (C) 51.46, Lloyd Hilton (C) 52.70

800m Jonathan Cook (C) 1:52.15, Adam Lewandowski (O) 1:54.46, Richard Felton (O) 1:55.31, Lloyd Hilton (C) 1:59.39

Mile Jonathan Cook (C) 4:13.09, Thomas Frith (O) 4:13.75, Jake



Shelley (O) 4:14.37, James Charleston (C) 4:32.96

5000m Tom Frith (O) 15:05.45, Chris McGurk (O) 15:06.00, Will Ryle-Hodges (C) 15:12.60, Robin Brown (C) 15:35.74

110m hurdles (wind +0.8 m/s) Josh Gilbert (O) 15.01, Ross Elsby (C) 15.69, Onakeno Mario-Ghae (C) 16.03, Richard Millar (O) 16.19

200m hurdles (wind 0) Adam McBraida (O) 24.85, Josh Gilbert (O) 25.23, Matt Houlden (C) 25.68, Christian Roberts (C) 27.05

400m hurdles Christian Roberts (C) 55.37, Caspar Eliot (O) 55.43, Matt Houlden (C) 57.24, Adam McBraida (O) 66.50 (fell)

3000m steeplechase Tom Watkins (C) 9:33.45, Peter Hodkinson





(O) 9:40.21, Will Mycroft (O) 9:46.73, Will Mackay (C) 9:50.24

High Jump Onakeno Mario-Ghae (C) 2.04, Frederick Hendry (O) 1.95, Devin O'Brien (C) 1.85, Abubakar Abioye (O) 1.80 (O)

Pole Vault Bradford Waldie (O) 3.65, Sam Hyatt-Twynham (C) 3.65 Tom Wagner (C) 2.85, [Andrei Klein (O) no height cleared]

Long Jump Matt Houlden (C) 6.72, David Szabo (C) 6.36, Matthew Janney (O) 6.11, Sam Hill-Smith (O) 5.73

Triple Jump Matt Houlden (C) 14.70w [14.52 legal], Emmanual Gbegli (C) 13.98, Benjamin White (O) 12.80, Sam Hill-Smith (O) 12.36

Shot Toby Haseler (C) 13.48, Marcus-Alexander Neil (O) 12.11, Emmanual Akinluyi (C) 11.55, William Rowlands (O) 11.50

Discus David Allwood (C) 40.20, Ryan Harper (C) 39.03, Marcus-Alexander Neil (O) 36.26, James Heywood (O) 35.25

Hammer Rhys Hodnett (C) 46.20, Visar Beqiri (O) 39.12, Ryan Harper (C) 35.67, Benjamin White (O) 20.71

Javelin Alexander Probodziak (O) 53.86, Benjamin Conibear (O) 48.12, Justas Dauparas (C) 47.40, David Szabo (C) 44.66

4 x 100m relay Cambridge (Ahmadnia, Mario-Ghae, Houlden, Elsby) 43.10, Oxford (Gilbert, Adekanmbi, Bhyat, Morter) 43.34

4 x 400m relay Oxford (McBraida 50.6, Wareham 51.1, R. Eliot 50.8, C. Eliot 50.7) 3:23.2, Cambridge (Elsby 64.7, Houlden 64.5, Harper 61.5, Wagner 59.6) 4:10.27

Result: Cambridge 107, Oxford 104

Women's Blues Match

100m (wind +0.9m/s) Nadine Prill (O) 12.60, Eleanor Gatehouse (O) 12.95, Fran Thompson (C) 13.78 [Helena Wace (C) was disqualified for a false start]

200m (wind +0.7 m/s) Nadine Prill (O) 25.42, Helena Wace (C) 25.98, Eleanor Gatehouse (O) 27.42, Fran Thompson (C) 28.34

400m Nadine Prill (O) 57.84, Helena Wace (C) 59.82, Helen King (O) 61.23, Rose Penfold (C) 61.76

800m Rose Penfold (C) 2:18.46, Rebecca McLean (C) 2:18.97, Naomi Webber (O) 2:37.24, Catherine Hirst (O) 2:41.37

Mile Joanna Klaptocz (O) 5:07.99, Rachel Kitchen (C) 5:14.04, Naomi Webber (O) 5:28.13, Joanna Mobed (C) 5: 32.30

5000m Jessica Chen (O) 16:56.42, Rebecca Moore (C) 17:06.40, Hayley Munn (O) 18:06.42, Kate Russell (C) 19:08.69

100m hurdles (wind +0.9) Clara Blättler (O) 15.65, Lizzie Thompson (C) 16.70, Emily Craven (C) 17.00, Katie Holder (O) 18.38

400m hurdles Clara Blättler (O) 62.60, Lizzie Thompson (C) 64.96, Katie Sandford (C) 66.70, Eloise Waldon-Day (O) 70.85

2000m steeplechase Kathryn Twyman (O) 7:20.32, Jocelyn Traylor-Clarke (C) 7:26.72, Polly Keen (C) 7:43.41, Emily Bartlett (O) 7:52.08

High Jump Lizzie Thompson (C) 1.55, Lucy Crossman (C) 1.55, Katie Holder (O) 1.40, Roxanne Sverdlow (O) 1.40



Pole Vault Jennifer Lovell (C) 3.30, Ashley Nord (O) 2.70, Helen Hillyard (C) 2.30 [Clara Blättler (O) did not clear a height]

Long Jump Lizzie Thompson (C) 5.08, Clara Blättler (O) 5.05, Eleanor Flanagan (C) 4.94, Katerina Johnson (O) 4.49

Triple Jump Lizzie Thompson (C) 10.67, Clara Blättler (O) 10.55, Eleanor Flanagan 9.85, Katerina Johnson (O) 9.01

Shot Sue Altman (O) 9.82, Katie Holder (O) 9.80, Rosamund Conroy (C) 9.78, Helen Broadbridge (C) 9.00

Discus Helen Broadbridge (C) 38.41, Rosamund Conroy (C) 23.69, Katie Holder (O) 23.66, Sonja Noll (O) 23.66

Hammer Helen Broadbridge (C) 45.38, Sonja Noll (O) 39.23 Rosamund Conroy (C) 29.75, Katie Holder (O) 16.01

Javelin Catherine Hirst (O) 29.63, Helen Broadbridge (C) 28.24, Jennifer Lovell (C) 27.22, Katie Holder (O) 26.05





3

Varsity Second Team Matches

4 x 100m relay Oxford (Totten, Blättler, Prill, Gatehouse) 50.57, Cambridge (Wace, L. Thompson, Preuss, F. Thompson) 52.32

4 x 400m relay Oxford (Blättler 61.0, King 60.9, Totten 61.3, Prill 56.9) 4:00.08, Cambridge (Penfold 61.3, L. Thompson 59.4, Sandford 62.2, Wace 57.7) 4:00.45

Result: Oxford 102, Cambridge 97







Men's Second Team Match: Oxford Centipedes v Cambridge Alverstone

100m (wind +0.7 m/s) Riyadh Bhyat (O) 11.30, Matthew Fried (C) 11.39, Tom Neill (C) 11.50, Roland Crouch (O) 11.52

200m (wind +1.9 m/s) Ralph Eliot (O) 22.75, Matthew Fried (C) 22.97, Ben Horsley (O) 23.21, Henry Husband (C) 23.78

400m Ralph Eliot (O) 49.83, Richard Brown (C) 51.13, Ben Horsley (O) 51.72, Alistair

800m Jonathan Darby (O) 1:55.79, Mark Inkester (O) 1:59.81, Thomas Graeber (C) 2:03.03, Matt Leach (C) 2:07.23

Mile Jonathan Bradford (O) 4:25.62, Alex Young (C) 4:26.30, Alexander Muir (O) 4:27.08, Roger Poolman (C) 4:29.26

5000m Fabe Downs (O) 15:27.54, Sam Ashcroft (C) 15:39.40, Sean Ledger (O) 15:47.66, James Chettle (C) 16:09.97

110m hurdles (wind +1.6) Edoardo Guaschino (O) 15.29, Michael Collons (C) 16.44, Tom Hatfield (O) 16.77, Tom Porteous (C) 17.45

200m hurdles (wind +0.8) Eduardo Guaschino (O) 24.79 (equals record), Matthew Fried (C) 27.80, Tom Porteous (C) 28.41, Riyadh Bhyat (O) 29.50

400m hurdles Nyma Sharifi (C) 59.05, Miles Horn (C) 63.10, James Taylor (O) 63.58, Luke Samuel (O) 67.85

3000m steeplechase Fabe Downs (O) 9:51.01, Peter Townsend (C) 10:09.61, James Taylor (O) 10:12.23, Paul Hodgson (C) 10:42.25

High Jump Felix Schaaf (C) 1.75, Owen Drage (C) 1.70, Nicholas Barker (O) 1.65, Rich-

Pole Vault Freddy Bunbery (C) and Zaamin Hussain (C) both 3.25, Christopher Day (O) 3.05, Gareth Morgan (O) 2.85

Long Jump Ado Adeyemi (C) 6.26, Sean Morris (O) 6.03, Matthew Wright (O) 6.01, Ian MEN Houlsby (C) 5.58

Triple Jump Ayo Adeyemi (C) 13.54, Richard Foord (O) 12.71, Ben Lewis (C) 12.62, Matthew Wright (O) 11.74

Shot Michael Collins (C) 11.49, Felix Schaaf (C) 11.39, Sean Morris (O) 9.95, Jon Phil-Discus Felix Schaaf (C) 36.02, Jon Phillips (O) 34.40, Tom Elton (C) 33.23, David Zimmer

Hammer Neil Houlsby (C) 29.57, Tom Elton (C) 25.79, Sean Morris (O) 23.39, Kelvin Jackson (O) 19.98

Javelin Angus Fitchie (C) 48.65, Felix Schaaf (C) 46.96, David Zimmer (O) 41.01, Kelvin Jackson (O) 39.11

4 x 100m relay Oxford Centipedes (Shadrarevian, Wright, Crouch, Guaschino) 44.43, Cambridge Alverstone (Husband, XXX, Smith, Fried) 50.98

4 x 400m relay Oxford Centipedes (Horsley 52.5, Lewandowski 52.6, Felton 52.3, Darby 52.1) 3:29.40, Cambridge Alverstone (Brown, Hilton, Sharifi, Davies) 4:10.68

Result: Cambridge Alverstone 109, Oxford Centipedes 103

Women's Second Team Match: Oxford Millipedes v Cambridge Alligators

100m (wind +1.1 m/s) Natalie Christopher (O) 13.29, Elizabeth Totten (O) 13.48, Charlotte Frost (C) 14.06, Maria Preuss (C) 14.19

200m (wind +2.6 m/s) Elizabeth Totten (O) 27.22, Joy Lisney (C) 28.12, Natalie Christopher (O) 28.89, Maria Preuss (C) 29.80

400m Elizabeth Totten (O) 60.64, Nora Rossberg (C) 62.78, Lucy Spencer (O) 64.67, Sophie Dundovic (C) 65.70

800m Nora Rossberg (C) 2:23.52, Sophie Dundovic (C) 2:26.70, Lucy Spencer (O) 2:28.64, Alison Walsh (O) 2:38.87

Mile Julia Wedmore (C) 5:41.10, Charlotte Cole (O) 5:41.17, Sophie Dundovic (C) 5:41.91, Alison Walsh (O) 5:41.93

5000m Sophia Saller (O) 19:11.58, Maria Mchugh (O) 19:39.83, Lowri Richards (C) 20:10.24, Tessa Stewart (C) 20:16.61

100m hurdles (wind +1.3m/s) Helen Hanstock (O) 17.35, Natalie Christopher (O) 18.86, Charlotte Frost (C) 19.53, Grace Copplestone (C) 22.60

400m hurdles Joy Lisney (C) 70.14, Sophie Dundovic (C) 71.56, Judith Robinson (O)

74.32, Clementine McAteer (O) 75.47

2000m steeplechase Clementine McAteer (O) 7:33.24, Grace Copplestone (C) 7:55.29, Judith Robinson (O) 8:05.83, Nora Rossberg (C) 8:20.28

High Jump Corinne Lochmatter (O) 1.45, Lucy Spencer (O) 1.40, Fiona James (C) 1.40 [Sophie Dundovic did not clear a height] Pole Vault Sarah Williams (C) 2.50 (record), Helen Hanstock (O) 1.90, Hannah Church

(C) 1.50, Clarissa Belloni (O) 1.30 Long Jump Helen Hanstock (O) 4.90, Fiona James (C) 4.68, Maria Preuss (C) 4.59,

Charlotte Warwick (O) 4.10 Triple Jump Helen Hanstock (O) 10.51, Fiona James (C) 10.01, Maria Preuss (C) 9.78,

Shot Helen Hanstock (O) 10.20, Rebecca Rosenberg (C) 7.94, Kate Ashley (C) 7.19, Corinne Lochmatter (O) 4.88

Discus Olivia Collins (O) 26.23, Helen Hanstock (O) 22.18, Alexis Tymon (C) 21.40, Kate Ashley (C) 18.98

Hammer Helen Hanstock (O) 28.02, Rebecca Rosenberg (C) 25.49, Judith Robinson (O) 19.35, Alexis Tymon (C) 16.99

Javelin Helen Hanstock (O) 28.12, Charlotte Warwick (O) 23.77, Patricia Lewis (C) 22.13, Joy Lisney (C) 21.61

4 x 100m relay Oxford Millipedes (a, b, c, d) 55.36, Cambridge Alligators (Crossman, Church, Goodband, Frost) 56.23

4 x 400m relay Cambridge Alligators (Lisney 66.5, Dundovic 67.2, Craven 62.0, McLean 59.8) 4:15.50, Oxford Millipedes (a 66.5, b 67.3, d 72.9, d 72.3) 4:38.87

Result: Oxford Millipedes 115, Cambridge Alligators 85.

Freshers Varsity Matches

4 NOVEMBER 2012 Tilsley track, Abingdon and Iffley Road, Oxford

100m: Alex May (O) 11.8, Mehmet Tor (O) 11.9, Simon Lambracos (C) 12.2, Joel Daramola (C) 21.2

100m (guests): Ed Appleby (O) 12.7, Prateush Singh (C) 14.2

200m: George Gundle (O) 23.5, Alex May (O) 23.9, James Brooks (C) 24.7, Tom Winder (C) 25.0

400m: Craig Morton (O) 50.8, George Gundle (O) 51.2, Simon Tinsley (C) 52.1, Ben Ridley-Johnson (C) 53.1

800m: Lewis Lloyd (C) 1:57.7, Zac Howe (C) 1:59.1, Andrew Penney (O) 2:02.4, Adam Speake (0) 2:03.6

1500m: Andrew Penney (O) 4:10.9, Mark Nelson (C) 4:12.3, Adam Speake (O) 4:13.2, Ed Smith (C) 4:38.8

3000m: Andrew Penney (O) 9:09.4, Mark Nelson Thyer (O) 10:17.2

110m hurdles (3' 3"): Craig Morton (0) 15.8, Dion Kramer (C) 16.4, Jared Benti-Enchil (O)

400m hurdles: Craig Morton (O) 55.9, Dion Kramer (C) 60.6, Rich Ollington (C) 65.5, Jared Benti-Enchil (O) 72.0

-guest) 1.73, Antoni Schilling (C) 1.70, Will Pargeter (O) 1.65, Nick Burscough (C) 1.65

Pole Vault: Quentin Gouil (C) 4.05, Matthew Walton (C) 2.70, Narjeev Singh (O) 2.50, Phillip Brooks (O) 1.90 [William Jay (C-guest) did not clear a height]

Long Jump: Sam Trigg (O) 6.30, Sheng Wei (O) 5.76, James Erickson (C) 5.54, Harry Parkin (O-guest) 5.44, Nathan Cole (C) 5.04

Triple Jump: Sam Trigg (O) 13.69, James Erickson (C) 11.21, Alex Moore (O-guest) 11.15,

Sheng Wei (O) 11.13, Antoni Schilling (C) 10.06. Nick Berscough (C-guest) 9.85

Shot: Aidan Reynolds (O) 9.87, Michael Carson (C) 9.76, Ben Newman-Sanders (O) 8.76, Wilbert Solano (C) 8.16

Discus: Aidan Reynolds (O) 25.19, Nick Burscough (C) 21.79, David Twigg (C) 21.59, Ben Newman-Sanders (O) 18.34:

Hammer: Michael Carson (C) 26.17, David Twigg (C) 23.82, Liban Salah (O) 12.10, David Odejayi (O) 7.28

Javelin: Aidan Reynolds (O) 62.15 (record), Charlie Pearson (C) 35.75, Will Scott (C) 33.06, Liban Salah (O) 25.96

4 x 100m: Oxford 45.8, Cambridge (Cole, Winder, Lambracos, Brooks) 47.4

4 x 400m: Cambridge 3:34.2 (Lloyd 54.7, Howe 54.2, Ridley-Johnson 53.2, Tinsley 52.3), Oxford 3:36.0

Result: Oxford 107, Cambridge 82

WOMEN

(C) 9:21.6, Rich Ollington (C) 9:48.1, Jordan 100m: Alice Kaye (C) 13.1, Connie Thurlow (O) 13.4, Emily Coulter (C) 13.8, Elise Nunn (O)

> 100m (guests): Chidera Ota (C) 13.9, Olivia Lala (C) Hammer: Georgina Howe (C) 40.98, Rebecca 15.2

200m: Alice Kaye (C) 26.4, Connie Thurlow (O) 28.1, Emily Coulter (C) 28.4, Elise Nunn (O) Javelin: Kiara de Kramer (C) 26.85, Jenny Richards

High Jump: Aidan Reynolds (O) 1.85, Chris Little (C 400m: Hanna Tarver (C) 59.3 (record), Eleanor Simmons (C) 62.8, Eleanor McClelland (O) 70.9, Lucy Long (O) 73.8

> 800m: Hanna Tarver (C) 2:09.8 (record), Katherine 4 x 400m: Cambridge (Sutherland 64.8, Read 64.1, Turner (C) 2:23.8, Rebecca O'Neill (O) 2:29.5, Emma Hodson (O) 2:42.9

1500m: Katherine Turner (C) 4:54.8, Libbie Read (C-guest) 5:03.2, Chloe Beckett (C-guest) 5:08.3, Emma Clarke (C) 5:08.9, Emma Hodson (O) 5:26.3, Maria Harper (O) 5:59.8

3000m: Alison Greggor (C) 9:53.9 (record), Beth

Swords (C) 10:52.3, Rebecca Oram (O) 11:32.5. Vittoria Bussi (O) 12:01.4 100m hurdles: Helena Copley (O) 19.6, Chidera Ota (C) 22.4, Rebecca Hulbert (C) 25.8

400m hurdles: Alice Kaye (C) 69.8, Helena Copley (O) 75.8, Helena Bolton-Jones (C) 81.6 [Melissa Bond (O) did not finish]

High Jump: Helena Copley (O) 1.40, Montana Jackson (O) 1.35, Tatiana Garcia-Vilaplana (C) 1.35, Emily Brady (C) 1.10

Pole Vault: Maria Harper (O) 1.90, Rebecca Hulbert (C) 1.70, Emily Brady (C) 1.50, Helen Vigar (O) 1.50

Long Jump: Montana Jackson (O) 4.71, Eleanor Simmonds (C) 4.65, Helena Copley (O) 3.80, Sonja Rainier (C) 3.04

Triple Jump: Montana Jackson (O) 10.64, Sonja Rainier (C) 8.59, Maria Harper (O) 8.44, Tatiana Garcia-Vilaplana (C) 7.69

Shot: Jenny Richards (O) 8.52, Georgina Howe (C) 7.95, Rebecca Simpson (O) 7.35, Claire Nellany (C) 6.66

Discus: Georgina Howe (C) 32.95. Anna Niedbala (O) 32.37, Rebecca Simpson (O) 23.36, Rebecca Hulbert (C) 16.29

Simpson (O) 38.15, Jenny Richards (O) 30.15, Emily Brady (C) 16.24

(O) 17.54, Rebecca Simpson (O) 13.56, Claire Nellany (C) 11.15

4 x 100m : Cambridge (Coulter, Ota, Simmons, Kaye 53.6, Oxford 54.4

Tarver 59.6, Kaye 59.3) 4:07.6 (record), Oxford 4:37.2

Result: Cambridge 106, Oxford 82

Achilles Athletes of the Match: Aidan Reynolds (Oxford) and Hanna Tarver (Cambridge) C.J.R. Thorne 12.11.2012





The 2012 University Cross Country Races

For the first time in six years. Cambridge took the honours in both of the University Cross-Country Races at Roehampton Vale on Saturday 1st December. The pre-race predictions were for two close contests and in heavy and testing conditions that were the polar opposite of 2011, it proved to be the case.

In the 37th Ladies' Race, the Light Blues started off in determined fashion hoping to end a five-race losing streak, and American fresher, Alison Greggor (King's), soon started to make the running at the front of the pack. In fact, the sharp end was dominated by new faces, with Oxford's Kate Niehaus (Trinity) and Cambridge's Hanna Tarver (Fitzwilliam) tucking in be-



hind her. By two miles in, this order had firmly established itself and although Oxford had Caitlin Mullarkey (Trinity) in fourth, two Light Blues in fifth and sixth (Rebecca Moore (Magdalene) and Polly Keen (Downing)) meant that they had the race in their grasp so long as they could hold it together over the trying last mile or so of the course, which takes in the infamous Butts. It was to be their year and with the runners fairly spread, there was no change in the order and the race went them by 15 points to 22. Greggor took the individual honours in 23 minutes, 22 seconds, an excellent time given the conditions and only five seconds slower than last year. The result leaves the series score at 23 wins to Oxford and 14 to Cam-

The Gentlemen's Race saw a special reunion for it marked the 60th anniversary of the famous "fog race", which was run in almost zero visibility in one of the last and severest of the London "peasoupers". To mark the occasion, five runners from that day returned to the Common to witness the 122nd race in the series. The two captains – John Best of Cambridge and John Haddock of Oxford, plus Tony Weeks-Pearson and Sir Peter Miller joined Sir Christopher Chataway, who in 1952 won for the third time (jointly with Weeks-Pearson and David

37th Ladies' Race 4 miles

Cambridge won by 15 points to 22

1	Alison Greggor	King's	Cambridge	23:22
2	Kate Niehaus	Trinity	Oxford	23:49
3	Hanna Tarver	Fitzwilliam	Cambridge	23:56
4	Caitlin Mullarkey	Trinity	Oxford	24:14
5	Rebecca Moore	St. Catharine's	Cambridge	24:21
5	Polly Keen	Downing	Cambridge	24:27
7	Sophia Saller	St. Catherine's	Oxford	24:43
3	Lucy Gossage	Downing	Cambridge	25:04
9	Joanna Klaptocz	St. Hugh's	Oxford	25:15
10	Charlotte Cole	Balliol	Oxford	25:33
11	Rachel Kitchen	Magdalene	Cambridge	25:51
12	Naomi Webber	Worcester	Oxford	25:58

122nd Gentlemen's Race

Cambridge won by 38 points to 40

1	Jacob Wiebel	St. Cross	Oxford	38:41
2	Sean Ledger	St. John's	Oxford	38:55
3	Joseph Christoph	er Queens'	Cambridge	38:56
4	Alexander Young	St. John's	Cambridge	39:02
5	Alexander Short	Robinson	Cambridge	39:07
6	Thomas Frith	St. Anne's	Oxford	39:11
7	William Ryle-Hoo	lges Queens'	Cambridge	39:12
8	Robin Brown	Jesus	Cambridge	39:23
9	Fabian Downs	St. Anne's	Oxford	39:46
10	Peter Hodkinson	St. Anne's	Oxford	39:50
11	Matthew Leach	Churchill	Cambridge	40:00
12	Oliver Maskell	Christ's	Cambridge	40:40
13	Lewis Lloyd	Pembroke	Cambridge	40:43
14	Adam Speake	Worcester	Oxford	40:50
15	William Mycroft	New College	Oxford	40:59
16	Andrew Penney	Lincoln	Oxford	41:34

Law). It was Chataway who set the current student generation on their way, but not before all 16 had given him a warm and lasting ova-

Prior to the race, it was felt that

Cambridge had marginally the stronger of the two teams, but that Oxford, with something to prove after a disappointing performance 12 months ago, had plenty of reason to feel that it could be their day. However, once the race had

21st Old Blues' Race

4 miles Oxford won by 96 points to 246 (12-a-side)

1	Fraser Thompson	n Wolfson & Peml	oroke Oxford	21:07
2	William Mackay	Robinson	Cambridge	21:14
3	Sean Renfer	St. Catherine's	Oxford	21:50
4	Anthony Walsh	Trinity & St. Anno	e's Oxford	21:54
5	James Savage	St. Edmund Hall	Oxford	21:57
6	Alan Chetwynd	St. Ed. Hall & Kel	ole Oxford	22:01
7	Tom Heslop	Clare	Cambridge	22:05
8	Martin Bishop	St. Hugh's, New	_	
	& St. Ca	therine's	Oxford	22:12
9	Matthew Jones	St. Hugh's	Oxford	22:18
10	Matthew Taylor	Magdalen	Oxford	23:02
11	Edward Catmur	Jesus	Oxford	23:06
12	Andy Weir	Magdalen	Oxford	23:07



settled down after the usual mad rush to the watersplash and subsequent climb through the woods to Springwell Cottage, it appeared that it would be the Light Blues'

By the Windmill at 4½ miles, this

places and their chances looked

Helen Hanstock Magdalen

Simon Molden

Jamie Darling

Brvn Revnolds

Cathy Ansell

Chris Daniels

Richard Hewitt

Jack Crossley

John Clark

Edd Moffett

Holly Weaver

Lowri Richards

Leah Walland

Maire Gorman

Mark Coley

Chris Morris

Neil Mathur

14

15

16

17

18

20

21

22

24

25

26

27

28

29

fairly bleak.

Christ Church

Oxford

Oxford

Oxford

Oxford

Oxford

Cambridge

Cambridge

Cambridge

Cambridge

Cambridge

Cambridge

Cambridge

Cambridge

Cambridge

Oxford

Oxford

St. John's

Brasenose

Worcester

Downing

Wolfson

Robinson

Newnham

Wolfson

St. Hugh's

Gonville & Caius

St. Edmund Hal

Merton

Jesus

appeared to have been confirmed as Cambridge led by 31 points to 48. Usually, a margin of this size at this point signifies that the race is all over as a contest; however, it was not how it panned out this time. Slowly but surely, Oxford runners started to make inroads and as the runners emerged onto the Memorial Playing Fields, it was clear that the contest was not the foregone conclusion it had appeared to be just 15 minutes earli-

Wiebel, running in the race for the first time, finished in a fine time of 38 minutes, 41 seconds. He was followed closely by his team mate, Sean Ledger (St. John's), who had moved up from fifth place in the closing miles. He was followed by

three Light Blues and with five runners home from each side, they were holding a lead of just one point, However, with Matthew Leach (Churchill) closing their team in 11th and the sixth Oxford scorer, Adam Speake (Worcester), in 14th, it meant that they had just held on by 38 points to 42, the narrowest winning margin since 2004. This result brought the series level once again, at 61 wins apiece and sets the scene for another fierce battle

23:13

23:32

24:09

24:24

24:34

25:03

25:24

26:38

27:48

28:29

28:37

29:28

32:31

34:34

35:00

Earlier in the day, Oxford comprehensively won the 21st Old Blues' Race by 96 points to 246 scoring 12 -a-side. Fraser Thompson (Wolfson & Pembroke) marked the tenth anniversary of the first of his three 'Varsity wins by taking the individual honours. Oxford now leads this series by 13 wins to 8.

- Simon Molden

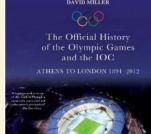
Books by Members

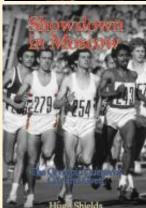
David Miller's updated version of 'The Official History of the Olympic Games and the IOC' is a hugely enjoyable and weighty volume packed with anecdotes across all sports and every Olympic Games all in David's fluid and vivid prose. A masterpiece.

Equally accessible is Julian Goater's down to earth training advice, leavened with personal reminiscences of the glory days of distance running in the 1970's and 1980's. A must for every runner, even sprinters.



Hugh Jones' 'Showdown in Moscow' is another easy and enjoyable read, recounting the rivalry between Steve Ovett and Sebastian Coe, and their epic confrontations at the 1982 Olympics.





The American Achilles Foundation

Our year concluded with the usual sumptuous dinner on October 26 at the Harvard Faculty Club. Seventeen, including guests, were able to be present. We enjoyed a sometimes hilarious account of the American team's 1959 trip to Oxford Cambridge from Jim Wade, the Co-Captain of the American Team. He made a persuasive case for the life-long positive impact these matches have on those who participate. John Crosse and his wife Barbara joined us from London. In his Toast, he emphasized the importance of our transatlantic mission. It is important for us to remember that the tradition of the Series, the oldest of its kind, begun in 1894, continues to strengthen financial support for the Track and Field programs in the four Universities.

We are grateful for this year's contributions to the American Achilles Foundation. We will be bringing the Oxford-Cambridge team to the US and financing its travel and room and board for its competitions against Harvard-Yale and Penn-Cornel again in 2013. For those of you who would still like to contribute to this effort, please send your donation before year-end to me at P.O. Box 84, Dublin, NH 03444.

We had a remarkable 1973 reunion among our dinner guests this year - four who competed on April 22, 1975 at Cuyler Field – leff Campbell 4:17.5, Bill Okerman 1:55.5 of Harvard, and Tom Ashenfelter 1:56.5, and Dan Schlesinger 14:46.4 of Yale. Dan,

who resides in London, has offered to create original art for our individual memorable moments in Track & Field events or provide prints of his past work. If you are interested, get in touch with him at danschlesingerart@hotmail.com . More about this in the run-up to our next dinner on April 15th in Cambridge, Massachusetts, the night before the H-Y v O-C competition at McCurdy Track.

will close with a blast from the past, submitted by Tony Cope, who could not attend, but wanted to share his 1959 story, as follows:-

1959 was the last full year of athletics at Fenner's. In 1960, attention turned to the Rome Olympics, and the transition to Milton Road, which opened in 1961, began. To say that Fenner's was unique as a venue would be an understatement. As some may know, the track at Fenner's was laid out around the University cricket around, where the game had been played since the middle of the 19th century. As a result, the track was closer to square then oval. In addition, for reasons (I suppose) of tradition, running was clockwise instead of counter-clockwise, and the full circuit was approximately

'Running a quarter-mile at Fenner's was an experience that few can now imagine'.

Running a quarter-mile at Fenner's was an experience that few can now imagine. The race was run around three sides of the track. From the start, the first 150 yards or so were slightly uphill, followed by a fairly sharp 90 degree turn. Across the back straight, the slope meant that there was a slight banking that made the runners in the outside lanes loom taller than

the others. Another fairly sharp right hand turn, and then slightly downhill to the finish. The runout led past the stand and the pavilion, so the runners disappeared from sight after they crossed the line, only to reappear moments later as they congratulated or commiserated with each other.

who would emerge victorious once

again, and by a clear margin. De-

Jacob Wiebel (St. Cross), Oxford

spite having the race leader in

runners occupied the last four

The contrast with running at the White City, with its splendid red composite track (Fenner's was the traditional cinders), was always striking when we traveled down for the Varsity match. What I am quite sure of, and does stick in my memory, is the splendid evening of celebration in central London

1975 Ladies' University Cross-Country Race

In last year's Annual Report, we asked for information on a Ladies' Race in 1975 at Shotover, held in conjunction with the non-Blues races for men. Thanks to Andy Etchells, it has been confirmed that this race did take place and it was won by Oxford. However, we are still missing the full result. If anyone can fill in the gaps, please contact Simon Molden (simon@scmolden.co.uk)

1	C.J.Meunier	St. Hugh's	Oxford
2	L.Wightman	Lady Margaret Hall	Oxford
3	?		Cambridge
4	G.J.Halfpenny	St. Hugh's	Oxford
5	?		Cambridge
6	?		Cambridge
Oxfo	rd won by 7 points to 14		

the followed the match. There was a reception at one of the clubs, at which everyone became very well served, and we all then walked to the dinner venue through the West End, exchanging badinage with the ladies of the night who then roamed the best parts of London. All in good fun, and a way to cement friendships that endure to this day, and are evidenced by the continuation of the fixtures, thanks to the efforts of the AAF, among others. Your celebration tonight is another step in the perpetuation of a series that has long fostered fellowship and good competition. I hope that you are having a successful event, and I wish you all the very best.

Thank you for these memories, Tony. Hope to see many of you April 15th in Cambridge (MA).

Thomas N. Blodaett (Harvard & Cambridge)

Chairperson, American Achilles Foundation tblodgett@ft.newyorklife.com



In Memoriam

DCE Gorrie OBE DL, (Corpus Christi, Oxford, 1953-7) on August 25th 2012.

Donald Gorrie won the 880y in the Varsity Sports of 1957, in which year he was President of OUAC. The two previous years he had finished 2nd. He was joint captain of the Oxford & Cambridge team which in 1957 were undefeated on their tour of North America, winning his races against Harvard & Yale, Penn & Cornell and Hamilton Olympic Club.

During the 1980's he took over the directorship of the Transatlantic Series, and led the US Tours of 1985 (right) and 1989, and latterly served as one of the Club's Vice-Presidents.

on April 26; 1:52.3y somewhere on June 11; 4th

in the AAA 880y on July 16 (Johnson 1:51.4;

McWhirters report a fascinating meeting at

Oslo on September 5/6 1955, where there was

a world record 1500m by the Hungarian Laslo

Tabori on the 6th, and on the previous day a

very competitive 800m/880y. The Norwegians

laid on timekeepers at both positions, because

holder for 3000m/5000m (I think), had decided

to run over just 2 laps. Apparently Iharos went

off too fast and the McWhirters say that on the

result was Gorrie first in 1:51.5; then Jock Bees-

ley 1:51.5; Ronald Day 1:51.6 and David Law

1:51.8. But just after the 800m point, Gorrie

was very sorry indeed to hear the death of my old

won Oundle's mock election as a Liberal in 1950. I al-

ways wonder if this helped trigger his political career.

We ran the 880 together in school matches, he being

race for second place in the Mile, so exhausting that

somebody else grabbed it on the line and he had to

me. I am rueful about our last meeting. I didn't win

settle for 3rd and me 4th. He was a year younger than

many races, but I felt sure I would win a friendly college

match half-mile at Iffley Road, Oxford, in 1954, However

then 'I feel like a race today. Can I run as a guest?' I had

He got a strong tribute when I was acting 'pro bono' for

a voice suddenly said 'What are you doing here?' and

a ao at him in the back straight but the result was the

same as ever - he was too good for me.

number one. My chief recollection is a wild competitive

second lap, "members of a touring Achilles

team swept by", and at the 800m point the

Sandor Iharos, at the time the world record

Gorrie 1:52.0). Then in the autumn the

Henderson 1:51.4; Douglas (Australia) 1:51.9;



Donald was a great team man, a good training partner and fun to be with on tour.

We had the bond of being team mates together, training,

competing at White City and in North America, dining

before matches, exchanging a few social visits at our digs

in 1956-7. I had a very pleasant dinner with Don and Astrid

in Edinburgh in 1999, when I was there to run Vets, and

our 50-year North American trip reunion in 2007 was our

As far as I know, Donald and I were the only Parliamentari-

ans from our vintage. I gave him a little publicity in our

Donald was one of the memorable markers in an exciting

part of my life and his passing causes sorrow for Achilles'

Don Smith, who ran second to Donald in 1957, and subse-

quently broke the Match 880 record, will be here next

week from New Zealand. We will talk fondly about Donald

Donald was a wonderful person, a most gracious host (with

wife Astrid) with a great sense of humor. He provided a

warm home to us when we visited in 1994, and took us on

an extensive "tour" of Scotland by partaking in an impres-

sive and extensive array of single malt Scotches. He will

Former Members' journal after our 1999 meeting.

loss and for our good times past.

and honour his memory.

certainly be missed.

Bob Solomon

Lou Duesina

Cornell Track & Field

Chris Thorne chronicles Donald's athletic career: In 1955 the races I know of were his 1:53.7 in the Varsity match 880y (Johnson 1:52.5y) on April 16; 49.8 in a non-winning 440y at Oxford

> In 1956 Donald's best mark was his 1:51.5y at Oxford on March 10. This sounds like the OUAC sports; in the VM a bit later, Donald was again second to Johnson, in 1:52.4y (Johnson

His best ever time was in 1957, when he was OUAC President. 1:50.8y at Oxford on March 11. This time he made no mistake in the Varsity Sports a fortnight later, winning in 1:52.4y.

I can find no individual marks reported for him in 1958 or any subsequent years, so I think his all-time bests were 49.8 for 440y and 1:50.8 for 880y. John Holt mentions a Scandinavian tour of 1959, and he implies that Donald ran in a relay there (unless he was a team manager - a role in which he excelled).

"wearing spectacles, was brushed by Day, sprawled and failed to finish the 880y" (where the result was Day 1;52.2, Beesley 1:52.3, Law 1:52.5). I am sure the McWhirters must have been there in person, at this extraordinary

1:51.9y).

athletes who had been paid contrary to the rules by Bill school friend and fellow athlete, Donald Gorrie (Crosby c Walker, an employee of Edinburgh Council, at the Council's 1978 meeting at Meadowbank. The Scottish AAA voted by about 5 votes to 2 with over 40 abstentions to ban him. When I phoned Bill to say we ought to ask Donald's support as he held the balance of power on the

We had kent in touch over the years although we hadn't met since 1954. The last occasion we were in touch was when a few years ago as list member for Glasgow he Council, Bill replied 'That would be absolutely marvelsent his researcher to represent a member of The Guillous. We couldn't have a better man on our side'. In the lain Barre Support Group, whose pro bono legal officer I event every club in Edinburgh signed a requisition for a was, at an Appeal for DLA. special meeting to reverse the decision and Donald's I think his first political act was to vote for me when I help was not needed.

> We kept in touch over the 1988 Commonwealth Games boycott. After nobody would meet the Canadian Sports Minister who came to support the boycott. Donald told me with great satisfaction that when Mrs Thatcher wanted to come and say 'thank you' to the athletes she was told to stay away as nobody would meet her either!

As the Old Oundelian recorded, he held a watching brief after Scottish fans were asked to pay over £500 for officially recycled World Cup tickets in 1998. I drafted the question the European Lib-Dem Graham Watson put to the Commission, which declared the French ticket plan unlawful. The Scots bought their tickets in the French streets, often at less than face value. Although the Professor of European Law at Oxford had complained to the organisers, who ignored him, it is odd

that in the whole of Europe were the only other two to notice that it must be a breach of Article 82 not to offer them throughout the EU - and we are athletes not footballers. Our action through the Lib-Dems ensured that German World Cup tickets and this year's Olympic tickets were offered throughout the EU.

I think I am right in saying he just missed Olympic 800m selection in 1956. If so, this may have been his finest effort as the three selected finished 2nd, 5th and 8th. Mike Farrell, who I think just headed him, finished 5th and Mike Rawson went on to win the European 800 in

I had expected to meet him at the Scottish Parliament elections a few years ago. Kevin Lang, the Commons researcher of his successor, had been my daughter's election agent in Tooting and we had both promised to come and help. However a sudden by-election was

It will always be a regret that for nearly 60 years our contact was only by post. Sadly at 81 with a disabled wife I cannot get to the funeral but my thoughts will be

I feel very sad. Derek Cole (Bramston 1950)

Donald Gorrie was a leading light on the radical Left of the Scottish Liberal Party, a prominent Edinburgh councillor for 26 years and ultimately Liberal Democrat MP for Edinburgh West and a member of the revived Scottish Parliament.

Rangy, stooping and crotchety, Gorrie was a long-standing and passionate advocate of devolution. He forsook Westminster for Holyrood - alienating constituency activists by making the switch and having to find a seat as an MSP for Central Scotland.

Gorrie was one of three Lib Dem MSPs who in 1999 refused to support the party's Scottish leader, Jim Wallace, forming a coalition with Labour, distrusting that party as centralist and corrupt . He also disagreed frequently with Wallace's successor, Nicol Stephen, but insisted he was not a one-man "awkward squad".

Donald Cameron Easterbrook Gorrie was born in India on April 2 1933, the son of Robert Gorrie, a forestry officer, and the former Sydney Easterbrook. The family moved back to Scotland when he

Although we just failed to overlap at Oxford, I very much admired Donald, as the most recent winner in the Varsity sports of our event in common the 800m - and he was always a great supporter and encouraged the Dark

We had great fun on a Swedish tour together in 1959 (narrowly failing to set a new European record for the 4 x 800m relay) and the following year, Donald hosted the Achilles team in Edinburgh when we called in at Fettes during the Summer Scottish tour.

Ann and I, being of the same political persuasion, have long admired Donald's work in that field, and when we moved up to Argyll in 1992, Donald welcomed us to Scotland and hoped we would be happy, I remember. So have really good memories of my Achilles friend and know how much he will be missed.

Very sincerely John Holt

es in Norway and Czechoslovakia, and competed in the World Student Games. He qualified as a coach, and would in later life be president of the City of Edinburgh Athletic Club and Corstorphine Athletic Club, valued both for his commitment to the sport and for his after-dinner speeches.

Gorrie taught at Gordonstoun, then in 1960 was appointed director of physical education at Marlborough College. Among his charges was Mark Phillips; when in 1973 in 1975 after challenging Russell Johnston unsuccessfully for the leadership. The next year he set up Edinburgh Translations, which remained his business.

Gorrie was first elected to Edinburgh Corporation in 1971. When its functions were split in 1974 between the new Lothian region and a district council, he became Liberal group leader on Lothian council and also, from 1980 to 1986, on the district council. When the city council was restored in

age when many contemporaries were heading for the potting shed, Gorrie captured the seat by 7.253 votes to become the first Liberal to represent an Edinburgh constituer cy since before the war.

As part of Paddy Ashdown's sizeable new intake at Westminster, Gorrie proved an effective contributor, but he did not take to the life. Having helped vote through Labour's devolution legislation, he put himself forward for Holyrood and decided not to stand again for Westminster; in 2001 the Lib Dems retained his seat.

At Holyrood, Gorrie had no chance of a ministerial job because of his views on the coalition with Labour. This left him free to emba rass Donald Dewar, the inaugural

Bridget Wheeler, who was on the 1989 US Tour as a coach, recalls: Donald's stories of the Chronicles of the Children of the Tribes of Oxbridge at all important dinners, delivered as always deadpan, were hysterical. He was unfailingly patient and good natured on all occasions

First Minister, over the soaring (from £40 million to £440 million) cost of the new Parliament building. Gorrie suspected Dewar of treating the modernistic pile as his personal legacy. He also launched an unremitting campaign for laws to tackle the sectarianism which afflicts Scottish society. This eventually bore fruit, as did his pressure for tougher laws on the sale of alcohol

He was named Holyrood's Backbencher of the Year in 1999. and Free Spirit of the Year for 2001

Re-elected in 2003 at 70, Gorri took an active part in the parliament's committees and, the coalition over, served as a Lib Dem spokesman. He retired at the 2007 election.

Gorrie was at various times chairman of Edinburgh Youth Orchestra, and a committee member of the Edinburgh Festival, the Royal Lyceum Theatre, the Scottish Chamber Orchestra, Lothian Associ ation of Youth Clubs, Castle Rock Housing Association and the Queen's Hall, Edinburgh. He was appointed OBE in 1984, and Deputy Lieutenant for the City of Edinburgh in 1996.

Donald Gorrie married Astrid Salvesen, from the shipping family in 1957. They had two sons: one (Robert) is Liberal Democrat group leader on Haringey council.

- The Daily Telegraph



called in my ward so we could not come.

was six, and he was educated at Oundle and Corpus Christi College, Oxford, where he read Classical Mods and Modern History.

Gorrie first found fame as a middle-distance runner. He broke the Scottish native 880 yards record in 1955, won an Oxford Blue three years running and in 1957 was president of the University Athletic Club. He won championships in the United States and Canada and racCapt Phillips married Princess Anne in Westminster Abbey, the Gorries were among the guests.

In 1966 he returned to Scotland, as a researcher and adult education lecturer in Scottish history, and two years later he joined the Scottish Liberals as director of research. From 1971 he was the party's director of administration; he became vice-chairman in 1974. but left the Scottish party machine

1995, Gorrie was elected Lib Dem group leader, serving until his election to Parliament. Throughout this time, he opposed plans for a second runway for Edinburgh Airport.

He contested Edinburgh West in 1970 and March 1974 (finishing third), in October 1974 (coming fourth), then again in 1992, losing by just 792 votes to the popular Tory incumbent Lord James Douglas-Hamilton. Five years later, at an

In Memoriam

The Reverend AC Markby (Emmanuel, Cambridge, 1934-37) in September 2011

Archie Markby was among the Club's oldest members. He was a friend and contemporary of Godfrey Brown and Rob Kennedey. During the 1960's Archie from time to time appeared on TV delivering the 'Epilogue'.

Susan Stinson, in October 2012.

Robert Stinson, now one of the Club's Vice-Presidents and sadly not in good health, was the driving force behind Achilles for several decades from the mid 1950s as Team Manager and subsequently Chairman: Sue was a constant support, fondly remembered by very many members, a number of whom attended her memorial service. In recent years she had devoted herself to nursing Robert at their home in France.

DGD Chamberlain (Selwyn, Cambridge , 1936-9) about 3 years

Dan Chamberlain competed in the 1939 Varsity Cross Country, and place 3rd in the Mile at the Varsity Sports

WOL Fox-Pitt (Trinity, Oxford 1953-56) on 9th January 2012



Oliver Fox-Pitt competed as a hurdler, and went on to head of one of Britain's best known equestrian families and enjoyed a successful career in the City.

Dr AG Donald (Corpus Christi, Cambridge, 1945-48) 'a few years

Alastair Donald placed third the long jump at the Varsity Sports of 1946 and 1947

R Dunkley (St John's, Cambridge, 1955-58) in January 2013.

Roger Dunkley won the 3 Miles in the Varsity Sports of 1957 and 1958, and was second in 1956, and competed in the Cross Country matches of 1957 and 1958. At the age of 17 he was selected to represent the AAA against CUAC, finishing third in the mile in a World Junior Record time of 4:12.8 (which lasted about 6 months until broken by the young Herb Elliott). Roger came up to Cambridge himself after doing National Service in the RAF.

I was sad indeed to read of the death of Gwilym Roberts (2011 Report), the more so because of the needless circumstances of his death. The first thing Gwilym ever said to me revealed a surprisingly intimate knowledge of my taste in women: a snatch of nervous pre-match talk that had reached the Cambridge changing room, adjacent to Oxford's, as we waited to compete at the '55 White City meeting.

I didn't know him well, Cambridge and Oxford are not just-down-theroad apart. But when we met we always talked.

seem to recall talking to him most on the Achilles tour of Norway and Sweden. He is another athlete, more 220 than 100 (as the distances then were) about whom I wonder what he would have achieved with today's training. What he would have done over 440 yards. David Henderson

Richard Ashenheim (Wadham, Oxford, 1946-50) in December 2007.

Richard Ashenheim became one of the world's foremost track & filed statisticians. He was a holder of the IAAF Veteran's Pin,



President of the Jamaica Amateur Athletics Association, Chairman of the Commonwealth Records Committee, Member of the Executive Committee ATFS, a board member of the Carreras Sports Foundation and a Member of the IAAF Arbitration Panel.

He covered many Olympic and World Championships for Jamaica's newspaper 'The Gleaner' from Jamaica's debut in 1948 in London until the Athens Olympics in 2004.

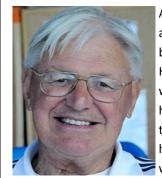
Group Capt CP Green, DSO DFC AE FRGS (Trinity, Cambridge, 1932-35) on 10th April 1999.



Paddy Green is long overdue this tribute. He paced 2nd to AG Pilbrow in the 220y low hurdles in the Varsity Sports of 1935 and was 3rd in 1934. Both he and Pilbrow (110mH) became Olympians in 1936, but Paddy's sport by then was bobsleighing, and he won the Bronze medal with the British 4 Man Bob team at the Winter

Olympics. He was elected a Fellow of the Royal Geographical Society whilst still an undergraduate, and was wounded several times during distinguished service with the RAF.

Michael Carrington (Christ Church, Oxford, 1953-56) on 23rd March 2012.



At Oxford Michael studied English and was joined by his younger brother, the high hurdler David. He would claim that in May 1954, while playing cricket he gave away his wicket so that he could make the short dash to Iffley Road: he had heard that Roger Bannister would be making an attempt on the 4 minute mile! For much of his

life Mike was very involved with Sussex athletics serving as Sussex Schools Secretary, Championship Secretary and Team manager for more than a quarter of a century, and secretary of Horsham Blue Star Harriers. Varsity Sports competitors will remember him as a caring, enthusiastic and fair field official.

JWA Loney (St John's, Cambridge, 1960-63).

John Loney competed in the 120y hurdles in the Varsity Sports of 1963.

Geoffrey R Gleave (St Edmund Hall, Oxford, 1954-58) in December 2009.

Achilles Schools Relays



The Milocarian Trophy. The Milocarians have enjoyed a long and distinguished history which has run parallel to that of Achilles. Over the years we have enjoyed much friendly rivalry. These days, Milocarian activity is largely confined to cross country, and we are very gratified that they thought to ask that one of their prestigious and historic trophies in future be awarded at the Achilles Schools relays. A team from Radley were the inaugural winners.

Paul French of Milocarian ■ AC, pictured, made presentations this accompanied by Mark Steed, who has been the driving force behind the meeting for many years.





New Members

following:-

Didi Akinluyi - Christ's, Cambridge David Allwood - St Catharine's, Cambridge

Sam Ashcroft - Jesus, Cambridge Hugh Baker - Hertford, Oxford Riyadh Bhyat - Christ Church, Oxford Julia Bleasdale - Pembroke, Cambridge

James Charleston - Fitzwilliam, Cambridge

Justas Dauparas - Girton, Cambridge Alistair Davies - Girton, Cambridge Owen Drage - St Catharine's, Cambridge

Caspar Eliot - New, Oxford Ralph Eliot - Exeter, Oxford Richard Felton - Pembroke. Oxford

We are very pleased to welcome the Elly Flanagan - St Catharine's, Cam-

Matthew Fried - Jesus, Cambridge Emmanuel Gbegli - Emmanuel, Cambridge

James Griffith - Emmanuel, Cambridge

Tom Heslop - Clare, Cambridge Lloyd Hilton - Jesus, Cambridge Miles Horn - St Catharine's, Cambridge

Zaamin Hussain - Jesus, Cambridge Fiona James - Jesus, Cambridge Andrew Lanham - Corpus Christi, Oxford

Matt Leach - Churchill, Cambridge Adam Lewandowski - St Cross, Oxford The large influx of new members Keno Mario-Ghae - Girton, Cambridge Oliver Maskell - Christ's, Cambridge Adam McBraida - Jesus, Oxford

Doug Morton - St Edmund's, Cambridge

Pranav Nanda - Clare, Cambridge Devin O'Brien - Girton, Cambridge Jon Philips - St John's, Oxford Barny Powell - Christ Church, Oxford Luke Samuel - St John's, Oxford Cecilia Savundra - Oriel, Oxford Vartan Shadarevian - University, Oxford

Will Smith - Girton, Cambridge Dávid Szabó - Churchill, Cambridge Peter Townsend - Caius, Cambridge Helena Wace - Peterhouse, Cambridge

elected for the 2013 US Tour (see poster by Dan Schlesinger, left) will be listed in next year's Report.



40 Years On..... OUAC, CUAC and Achilles in 1972

The Oxford Officers were Brian Hull and Steve
Despite the presence of Lewis and other class White (a stalwart long jump official at Varsity Matches)

Richard Saunders recalled as follows for the 1997 Report a closely fought Varsity Match:

Oxford 99 Cambridge 94

It was the eighth consecutive victory for Oxford, though the match was a closer run thing than in some previous years. On the day, the real difference between the two teams was Oxford's multiple event winners: Phil Lewis (800 and 1500), Steve White (200 and long jump) and John Hemery who took all three hurdles races, a feat only previously achieved by Mike Hogan of Oxford in 1964 and 1965. The most exciting events were the middle distances, which saw some fine duels, notably John Valentine's victory over Doug Gunstone in the 5000 and an outstanding 1500 in which Phil Lewis had to run a 55 second last lap to shake off an inspired Rees Ward.

athletes like White, Adu Conteh and Brian Hull, "Athletics Weekly" observed that it was sad to witness the decline of the fixture. A comparison with the winning performances ten years earlier shows 1962 and 1963 beating 1972 in the major-

Brian Hull was as recently as 18 months ago, in his 60's, pole vaulting for Harrow, and getting the better of far more recent CUAC President Andy Owen in the

ity of events, but by no means all and usually by modest margins. No, the "AW" comment probably reflects a rising ambition in British athletics which was leaving behind the Corinthians at the universities. David Bedford had been setting world records at the new national stadium at Crystal Palace, and a new, more professional approach was being fostered by a generation of forward-looking coaches. Already athletes like Steve Ovett and Sebastian Coe were rising

through junior ranks who would change the face

But, as we would see the following year, the Varsity Match was still capable of producing its own fireworks.

Cambridge gained a measure of consolation when Alverstone beat Centipedes, 103 points to

A Dark Blue perspective on the same year was given by Peter Crawshaw:

The match marked the introduction of a 4 x 100m relay, won by the Cambridge quartet of Dave Roberts, Adu Conteh, Mick Dale and Steve Williams in the excellent time of 41.9, which still stands as a Blues' Match record (though inferior to the Relays Match record of 41.6, set by the 1966 OUAC squad of Archer, Barry, Hauck and Ronay). No other match records were set, though the fine performances of John Valentine

(returning to the fixture after a relaxation in the Blues' rules) in the 5000m (14:04.2) and Steve White in the Long Jump (7.27m) had only been bettered at the time by the existing match records. John might have run faster still had he not been recovering from a 2 Miles PB of 8:39.8 in the Ceylon Tea meeting the previous evening. Rugby Blues continued to make an impact, with CUAC's Dave Williams finishing second (to Matt Dixon) in the 400, and OUAC's Tom

Neville winning the Discus and placing second in the Shot (to Cambridge's American, Dave Rea). Oxford fielded two Soccer Blues in the Triple Jump, Kevin Raine partnering winner Brian Hull.

Phil Lewis was awarded the Drake Digby Trophy, a narrow decision over John Hemery.

Oxford had again prepared for the track season with a training/cultural visit to Poland, under the auspices of Captain Mack.

1972 was notable for the success of Achilles' British League team, which, Games [in the promotion of which under the management of Jonathan Peacock, won the Fourth Division with a Matt Dixon played a significant role] in series of superb performances. Martin Winbolt Lewis generally provided at March 1973. The Field Events match least one individual win as well as anchoring the 4 x 400m relay team to was, however, held at Iffley Road on victory, but this was very much a team effort from a squad that included 1st November, Oxford winning by 4 Henk Altmann, John Bryant, Ed Forman, Chris Kidd, David Knight, Nick Nops, events to 3, despite another busy Neville Norman, Tony Shoebridge and Bob Young.

Achilles also organised a successful West Country tour, in addition to the tional high jumper Wilf Wedmann traditional schools matches at Eton and Marlborough, and fielded a strong made his debut for Oxford: sadly injuteam in an inter-Counties fixture at Iffley Road.

The Freshmen's Match took place at Milton Road on 25th October 1972, OUAC winning by 88 points to 77. Oxford were much stronger on the track, where Bob Munns won both sprints against fellow English Schools Gold Medallist Tony Gershuny, although Cambridge benefited in the field from the efforts of American decathlete Jim Reilly.

There was no Relays Match in 1972, which marked the year of transition to an early spring date to coincide with the inaugural Varsity

afternoon for Reilly. Canadian internary problems were to prevent him from displaying his full potential at a time

when his PB exceeded the UK record. The match finished in near darkness, with the Javelin presenting a danger to officials, and having to be illuminated by car headlights.

In the Cross-Country Match, Oxford, despite fielding freshman Julian Goater, were unable to prevent Cambridge recording their fourth successive victory, 37-42. Crucial to the result was the timely return from overseas of Chris Garforth, the individual winner for Cambridge.



Traditionally the Varsity Sports dinner was held at the Hurlingham Club and the Blues' dinner (just the two teams and old Blues) was held separately from the Alverstone and Centipedes dinner, which included the partners of the two teams who were at the Blues' dinner – all rather unsatisfactory. We broke with tradition and decided on the Café Royal with no separate dinner; we all dined together - old Blues, all four teams and partners. I invited Vane Ivanovic (1936 Olympic 110m hurdles semi finalist) to be referee of the match and to be chairman of the dinner - roles he fulfilled magnificently.

- John Ellicock

Abdulai Conteh is a member of our Appeal Court which consists of a panel of four Judges. This court comes to Cayman once every quarter. I met Abdulai shortly after he was appointed and I am aware that he is a distinguished member of the Achilles Club and won the 100 metres in the Varsity Sports in the early 70's. I do not see him as often as I would like to as I retired from active practice as a Barrister at Law at the end of 2009 after 60 years of doing so! Whenever I see Abdulai we reminisce about our days at Cambridge and have great pride in possessing Winner's Medals from the Varsity Sports. I recently read a very wonderful article about Roger Bannister in the Independent. I was able to say with much pride that we were friends and that I was a member of the 1949 Joint Oxford and Cambridge team of which he was the Captain!

I am delighted that the Club continues to flourish All the best, As ever

Ramon Alberga

I came to Cambridge from Australia to do PhD (Economics) in 1970, after my Olympic- included my wife Margaret's magnificent training tilt with Franz Stampfl came to a sudden end through injury 6 years before. I was lucky to be able to jump at all in the 1970s. I met John Ellicock soon after arriving and that began a long and lovely friendship that endures.

For the 1971-72 season, John Rix was succeeded as CUAC President by John Ellicock and I was Hon. Sec. Things happened quickly in middle 1971. Hectic it was, because I was Duncan asked me to take over as Achilles thrown into the deep end as the main organiser of the Harvard-Yale visit.

I recall going to Allan Malcolm's office at Fenners and being given the drill in his friendly but military style. He stressed I had to get all arrangements in place, liaise with Oxford, London and the Americans, then send out a note with What, When, Where,

Who, etc. The result was a document that Cambridge map, dinner menu, billeting arrangements and logistics. A memorable name that meant much to me, was that of the Track Referee Harold ABRAHAMS, who spent considerable time with me at the din-

At the end of the 1971/2 season, John Ellicock went down, as did a number of key athletes. Chris Thorne and Sandy Team Manager for 1972/3, my last year. I did that and attended Achilles Committee meetings. I have detailed recollections from them, especially Tommy's leadership and Sandy's administrative skills, with Messrs Kennedy, Stinson, Chris Thorne and others playing vital roles,

often behind the scenes.

I recall it as a difficult year as we had lost too many good athletes, and it was challenging to inspire people to stay on, attend track meetings. communicate with

transport, get expense claims, etc. I do remember this being hard work and much hand-writing was necessary to invite athletes, chase up laggards, be the gobetween amongst athletes and the committee, maintaining a professional presence throughout.

- Neville Norman

Oxford Dictionary of National Biography

Achilles Club members feature in the latest update to relay. Butler spent nine seasons in top-flight athletics, the Oxford Dictionary of National Biography but gave it up after the 1928 Amsterdam Games, (www.oxforddnb.com), published in May 2012.

Achilles Club members who have existing dictionary entries include Chris Brasher, Godfrev Brown, Douglas Lowe, and Ross McWhirter. To these the new update adds Guy Montagu Butler (1899-1981), a as a journalist, and coach, pioneering the use of mo-400m specialist, whose British tally of four track medals at Antwerp (1920) and Paris (1924) was une- An Oxford near-contemporary of Butler also included qualled until 1984. His entry, by sports historian in the release is the Magdalen chemist Malcolm Cuth-Wray Vamplew, records his membership of a famous bert Nokes (1897-1986) who took bronze in the ham-Cambridge dynasty: his grandfather was master of mer throwing at Paris (1924), the last British throwing Trinity and his father, a Cambridge cricket and ath- medal until 1984. He was British flag-bearer at Amletics blue, taught at Harrow. He made his mark as an sterdam (1928). Ian Tempest, of the historical group athlete at school, but it was as a Cambridge under- of the National Union of Track Statisticians (of which graduate that he gained national standing, winning Harold Abrahams was founder president) places the AAA 440 yards title at his first attempt, aged just. Nokes in context among a small group of pioneers nineteen. His Oxford rival, the South African Rhodes who sought to raise the profile of throwing events Scholar Bevill Rudd, beat him to take gold in the 400m within British athletics. He took up hammer throwing at the Antwerp Olympics in 1920, though Butler while an undergraduate. Unlike Butler, he made a gained some consolation with gold in the 4 x 400m disappointing start in his first appearances but, repre-



having also left school-teaching following a nervous breakdown. He later wrote of the nervous strain which he experienced, and never overcame, in highlevel competition. His wider impact on athletics was tion picture photography.

senting the Achilles Club, went on to win the AAA title for four consecutive years (1923-7). Nokes was significant after the end of his competitive career for his work in improving technique in field events. He tutored at the Loughborough summer schools in athletics where it was said that on one his hammer got tangled in the overhead power cables, causing Loughborough to lose its electricity supply. He wrote on hammer throwing in the Achilles Club's coaching book, Athletics (1938), remarking that in England 'The throwing events are regarded as rather tedious, sometimes dangerous, and slightly comic' (p. 227), and that lack of interest, rather than physique, was the reason for England's absence of success in the event. He had a long career as a schoolmaster. though in the cold war era became a nuclear scientist, with a post at the Institute of Nuclear Science at the University of Tehran, in pre-revolutionary Iran.

The dictionary contains the life stories of over 58,000 noteworthy figures in the British past, and is freely available through many academic libraries around the world, and to public library members in most of the

Mark Curthoys, Research Editor, Oxford DNB

25 Years On.... OUAC, CUAC and Achilles in 1987

The Varsity Match was all about how we could beat Cambridge with Jon Ridgeon. Captain Mack had delivered a great speech to the team the day before, so everyone was fired up. We started well winning the walk, and it was close for the rest of the day. I told Ken Crouse who was a giant American shot putter that his event at the end was critical, and he just prevailed by less than 20cm. With Oxford being disqualified from the 4 x 100m we knew we had just had to get the baton round in the 4 x 400m: I picked myself for the last leg to make sure ... we did finish, but I think behind both the Centipedes and Alverstone teams.

I remember the OC HY match vividly, competing against Scott Peterson from Yale, with whom I had stayed when on tour in the US. I just managed to outsprint him to win. He later married an English girl, living in East Africa and was I think the Telegraph correspondent for the re-

Later that year an Achilles cheerleading group (Rowbo, Allison, Coker, Cobb, Chris Thorne, I and others), with a homemade banner that said 'Jon Ridgeon , Cambridge Blue' ,watched Jon come 2nd in the World Champs in Rome.

- Jon Brooke, OUAC President

Back in 1986, I kept a diary. Understandably, this is never to be shared in public (!) but here is an extract from Wednesday 21 May:

"Memorable day that I'll always hold special. Build up all day to CUAC AGM, feeling really nervous and apprehensive. [] Funny how lots of people came out in favour who I'd never have expected [] and great as I had big majority. Scared to be too happy, though, as I know what a huge job I've taken on. But I just <u>know</u> it's going to be brilliant!"

And brilliant it was...a wonderful year. Club membership continued to boom, particularly for women, building on the momentum of the previous 12 months. There is no doubt that by 1986 CUAC was one of the most talked about clubs in the University. Friendships, parties, tours and training camps created a powerful sense of "belonging" to something spe-





cial. A particular six week period during April/ May 1987 cemented many life-long friendships, spanning an unforgettable tour to Heidelberg, a joint CUAC/OUAC training camp in Portugal, an overall second place for CUAC at BUSF (behind the mighty Loughborough), not to mention the excitement of the Varsity Match itself. But it wasn't all about having fun! The introduction for the first time of "event squad lead-

'a powerful sense of belonging to something special'

ers" (such as Bob Cobb for jumps, Nigel Spivey for throws, and Bridget Wheeler for women's sprints) gave a new focus and structure to training, resulting in a rise in standards across the board. A first CUAC "Open Day" in November 1987 featured many stars of 1980s athletics, including Kris Akabusi, Linsey McDonald, Eugene Gilkes, and coach John Anderson (later of Gladiators fame!) National Coach, Frank Dick, visited Cambridge twice during the year, while Dame Mary Peters was an inspiring guest speaker at the CUAC dinner. It would take another year before this translated into a long-awaited Varsity Match victory for the Cambridge men, to match the CUAC women's dominance of the 1980s, but much of the ground-work was laid in

Last summer, as Mo Farah won his second gold in the Olympic Stadium, I was again sitting next to Mary P and the first thing she said to me was what a great time she had had visiting Cambridge in '87. CUAC 1986/7 was indeed a "moment in time" that many of us will never

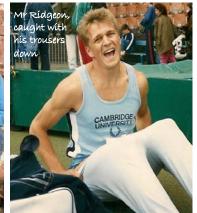
Allison O'Neill, CUAC President (also responsible for the captions...)

113th 'VARSITY MATCH Iffley Road, 16th May 1987.

No fewer than 5 Match Records, and 4 Ladies' Match Records, were set or equalled, and for the first time a second team ladies' match was included in the programme.

Cambridge's Rob Rider, the clear favourite, was unfortunate to have been disqualified in the first event of the day, the walk, and by the end of the afternoon this early loss of points proved crucial. The long-awaited Rowbotham/Geddes clash at 800m lived up to expectations, Paul Rowbotham prevailing by the narrowest of margins. Andy Geddes returned later to record a very fine win in the 1500m. Bob Madsen added substantially to his PB in setting a new Hammer Record, and also won the Discus. Derek Wilson won both the longer hurdles events, Nigel Clark produced his finest form to equal the Match Record in the Pole Vault, and Richard Nerurkar was supremely dominant in the 5000m.

A highlight of the day was the tussle between Jon Ridgeon and Dwayne Heard for the Drake Digby trophy, awarded for the best performance in the Men's' Match. Ridgeon opened by clearly winning the 100m, with Heard second, but positions were reversed in the long jump: Dwayne broke his own match record in





ord), and though Jon closed with every round he ended with 7.35 (the third best jump in the history of the match: only Dwayne has jumped further). Between jumps, Jon had found time to equal the match record in the 110 hurdles with 14.2 seconds into a headwind, matching the 1963 performance of Tom Blodgett. He then took the 200 in a very fine 21.5, but in the triple jump BUSF champion Heard set his second record of the day by adding 22 cm to Mike Ralph's mark of 27 years' standing, with 15.31. This brought Dwayne's individual wins in Varsity Matches to a recordequalling NINE (five Long Jumps, three Triple Jumps, and one 200m). Jon stormed through the second leg of the short relay, to set Cambridge

the first round with 7.41 (the third year in

which he has equalled or broken the rec-

both protagonists should share the trophy. As the afternoon unfolded, Oxford's supremacy in the field and distance events began to tell over Cambridge's in the sprints and hurdles. Oxford seemed to have built up sufficient cushion to allow them to lose both relays, but even they must have been worried when they scored no points at all in the 4 x 100.

on the way to a victory which would have been

theirs even had Oxford not dropped the baton

Committee reached the happy decision that

at the last change; and at the end of the day the

The final score, one of the closest in the history of the match, was Oxford 111.5, Cam-



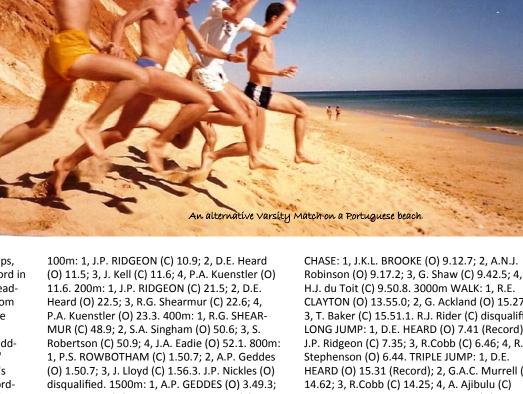
CLAYTON (O) 13.55.0; 2, G. Ackland (O) 15.27.1; 3, T. Baker (C) 15.51.1. R.J. Rider (C) disqualified. LONG JUMP: 1, D.E. HEARD (O) 7.41 (Record), 2, J.P. Ridgeon (C) 7.35; 3, R.Cobb (C) 6.46; 4, R.L. Stephenson (O) 6.44. TRIPLE JUMP: 1, D.E. HEARD (O) 15.31 (Record); 2, G.A.C. Murrell (O) 14.62; 3, R.Cobb (C) 14.25; 4, A. Ajibulu (C) 12.21. HIGH JUMP: 1, M. NEWMAN (O) 2.04; 2= J.E.D. Crews (O) & M.S. Steed (C) 1.90; 4, T.M. Coker (C) 1.90. POLE VAULT: 1, N.R.A. CLARK (O) 4.20 (equals Record); 2, T. Harris (O) 3.20; 3, N. Ames (C) 3.00; 4, M. Eder (C) 2.80. DISCUS: 1, R. MADSEN (O) 41.10; 2, W. Marais (C) 36.22; 3, S. Briggs (O) 36.00; 4, S. Barton (C) 35.28. SHOT PUTT: 1, K.E. CROUSE (O) 11.95; 2, J.M. Edwards (C) 11.77; 3, S. Briggs (O) 11.55; 4, W. Marais (C) 10.84. JAVELIN: 1, P.J. FULCHER (C) 62.18; 2, D.N. Gardiner (C) 51.76; 3, P. Schultz (O) 49.42; 4, D. Cobley (O) 48.22. (New javelins) HAMMER:





Ridgeon hurdles into the record books









THE LADIES MATCH

Cambridge continued their dominance of this event (Oxford have only won one match since the event was inaugurated in 1975), winning by 93 points to 64. The Susan Dennler Cup for the best performance was presented to Suzi Caesar, who produced a match record in the 400m hurdles, won the 400m flat, and contributed greatly to both relays. The le Touquet Cup, for the most improved performance, men or women, was presented to Gill Norton, who having only taken up the sport a month or so earlier achieved a match record of 1.64 in the high jump. 100m: 1, E.L. HOWARD (C) 13.0; 2, G.A. Hague (O) 13.0; 3, E. Simister (O) 13.4; 4, E. McBrien (C)14.0. 200m: 1, E.L. HOWARD (C) 26.3; 2, G.A. Hague (O) 27.0; 3, E.C. Hobson (O) 27.0; 4, S.M. White (C) 27.9. 400m: 1, S.R. CAESAR (C) 58.3; 2, E.C. Hobson (O) 59.9; 3, C.V. Kitchen (C) 61.1; 4, M. Higgins (O) 66.0. 800m: 1, C.V. KITCHEN (C) 2:14.6; 2, V.E. Vaughan (O) 2:17.7; 3, A.M. Wood (C) 2:18.3; 4, C. Redcliffe (O) 2:22.3. 1500m: 1, J.K. SAYLE (C) 4:49.4; 2, H.D. Blanshard (C) 4:53.2; 3, P. Gibb (O) 4:59.6; 4, H. Hoyle (O) 5.04.9. 3000m: 1, V.E. VAUGHAN (O) 10:11.3; 2, L. Head (O) 10:16.6; 3, B.A. O'Neill (C) 10:23.7; 4, S. Pringman (C) 10.26.3. 100m HURDLES: 1, C.A. BEATH (C) 17.2; 2, L.H. Teverson (C) 17.2; 3, V.A. Pritchard (O) 17.7; 4, J.A. Fok (O) 18.2. 400m HURDLES: S.R.









CAESAR (C) 64.8 (Record): 2. V.A. Pritchard (O) 66.6; 3, T.H.L. Brufal de Megaregio (C) 67.9; 4, J. Green (O) 69.4. LONG JUMP: 1, G.A. HAGUE (O) 5.09; 2, L.H. Teverson (C) 4.87; 3, G.E. Norton (C) 4.80; 4, A. Rowlands (O) 4.69. HIGH JUMP: 1, G.E. NORTON (C) 1.64 (Record); 2, J. Kershaw (O) 1.45; 4:11.3. 3, C. Adams (C) 1.40; 4, J. Green (O) 1.35. SHOT PUT: 1, A. BEVITT (O) 9.54; 2, C.H. Shepherd-

Paul Rowbotham's 1987 Scrapbook:-



Javier Pes and John Herries - two thirds of the 1987 injury squad resting up after an other gruelling circuit training session in the kids' playground. This was always swiftly followed by 10 x 30 seconds "running" in the pool with 60 seconds recovery. This was truly the hardest training I ever did and was effective enough to be able to go from 3 months of injury just doing this to, after less than a week of running, winning BUSF 800!





Themistocleous (O) 9.06; 3, C. Adams (C) 9.02; 4, L.H. Teverson (C) 8.67. DISCUS: 1, M.M. ANDER-SON (C) 36.66 (Record); 2, C. Adams (C) 34.08; 3, C.H. Shepherd-Themistocleous (O) 27.36; 4, J.A. Fok (O) 25.32. JAVELIN: 1, C. ADAMS (C) 33.24; 2, H.L. Ganczakowski (C) 31.28; 3, E.A. England (O) 25.48; 4, I. Lai (O) 23.52. *P - 4 - 4 x 100m RELAY: 1, CAMBRIDGE (Howard, White, Caesar, McBrien) 50.5; 2, Oxford (Chestnut, Simister, Cooke, Hague) 50.6. 4 x 400m RELAY: 1, CAMBRIDGE (Wood, Brufal, Kitchen, Caesar) 4:05.4 (Record); 2, Oxford (Higgins, Green, Pritchard, Hobson)

CENTIPEDES/ALVERSTONE For the first time for several years, Alverstone won the men's' second team match, by 114 LADIES SECOND TEAM MATCH points to 101. C.P. McDonald's javelin throw was The inaugural match was won by Oxford (the within the Blues Standard and would have placed 'Millipedes') by 82 points to 73. Although they will him second in the 'Varsity Match. Leading results go otherwise unrecognised, Half-Blue standards included: 100/LJ Soboyejo (Al) 11.5/6.32; 200 were achieved by Cox (C) (LJ 4.90), Crawford (C) Mitchell (Ce) 23.4; 400 Allden (Al) 51.6; 800 Sil- (DT 29.10 - also winner of the JT with 27.34), Lisvester (Ce) 1.58.2; 1500 Cross (Ce) 4.14.4; 5000 senden (C) (HJ 1.45) and Reynolds (O) (SP 8.91). Pes (Al) 15.10.4; 110H/200H/400H Bussey (Al) Other winners were: 100/200 Chestnut (O) 16.3/ 27.0/59.0; 3000SC Rossiter (Ce) 9.54.2; TJ 13.1/28.4; 400/400h Dangel (O) 64.2/71.4; 800 Carpenter (Ce) 13.48; HJ Byrne (Al) 1.90; PV Gandee (C) 2.32.1; 1500 Curtis (O) 5.10.3; 3000 Skates (Ce) 2.80; SP Carstensen (Ce) 10.92; DT Watson (O) 10.57.3; 100h Pagan (C) 18.6. Ogilvie-Thompson 34.06; HT Goodwin (Al) 36.48; JT McDonald (Ce) 55.02; 4x400 Alverstone





A three week training trip in Portugal (though this may have been 1988) spanning organised trips by Cambridge Harriers, Loughborough and Cambridge Unis. Herries, Brooke and booked only a flight out, stowed away on the Loughborough transit bus, spent the first night sleeping on a golf course and then found the great apart-



ment below. Lots of hard training, healthy eating and disco dancing. This was the second week with Clive Tulloh winning the gold for most visible ribs, Brooke silver and Herries bronzed

(Robertson, Newell-Price, Allden, Lloyd) 3.25.2.



